

# MESS HALL



**“Galaxy Express”**  
**Vacation Bible School**  
Pamphlet for the Snack Station



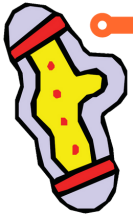


# Mess Hall

## Snack Station

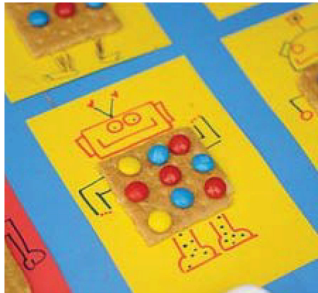


### Snack, Day 1



### Robots (Snack Station)

Begin with a cracker, draw the robot around the cracker on paper, and place small chocolates (Gems) on the cracker. Or...use a little cream cheese and stick on small chopped frozen vegies for a healthy robot. You can also start with the robots already drawn on the paper if you choose.



**Factoid** (Space application to discuss during snack)

### Telescopes

Telescopes are amazing things. With them we can see the great expanse of the universe. From the earth, we cannot see the planets or moons very well with our eyes. They seem like thousands of little dots in the sky. But with a telescope we can see them more closely. We can see craters on planets, galaxies and other interesting things. With a telescope, we can see things that are far away up close.

Sometimes you and I feel insignificant. We are like one little star in a universe full of stars. There are times when we feel like no one can see us, but God can see us up close. It is as if He has a telescope and can see us up close even though there are thousands of other people around us, and He feels thousands of miles away.

### Snack, Day 2



### Moses' Burning Bush (Snack Station)

Small pieces of cauliflower look like small bushes and can represent the bush Moses saw burning.

Cut the cauliflower into small pieces and cook/boil it. Dip them in tomato sauce or Chinese chutney to get the flame look!



**Factoid** (Space application to discuss during snack)

### Amazing size

Since God knows our name and loves us, we may feel very important and big in the universe. Just like the earth seems big compared to Venus, Mars, Mercury and Pluto. (Show poster 2) But then if you compare the earth to Jupiter, Saturn, Uranus and Neptune, it feels small. (Show poster 3) Look at the rest of these posters of the universe. (Show posters 4-6) In the great expanse of the universe God can still find you and He knows your name, but you still need to respond to Him when He calls. You may feel very important, but in the whole universe, you are actually very, very, very small.



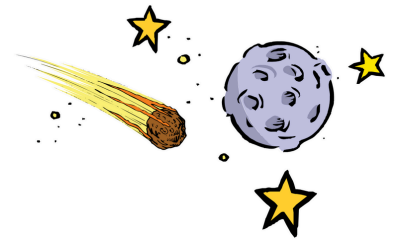


### Snack, Day 3

## The Plagues (Snack Station)

Show students how to assemble a frog from various ingredients. Use a small apple or cookie for the body. Green grapes, celery, or "Little Hearts" biscuits become the legs. The eyes are candies, raisins, or chocolate pieces. The tongue is a tiny sliver of carrot. Let the children make their own frogs for extra fun.

Optional: To serve water that turned to blood, put red powdered drink mix in the bottom of a dark container in advance. Pour clean water from a clear jug/bottle into it while the students are watching. As you stir, it will turn red.



**Factoid** (Space application to discuss during snack)

## Movement

God ordained movement in the universe. He planned from the very beginning that the earth would be spinning on an axis as well as revolving around the sun. But from the ground, it doesn't feel like we are moving at all! (Have the kids spin in a circle then try to walk to the other side of your class while spinning) Wouldn't it be hard to walk if we could feel the earth spinning and revolving? Just like God planned movement in the universe, He planned movement in our lives. God's plan for life includes steps of action, taking risks, and obeying Him even when the path may seem difficult or crazy. In fact, without movement, we get bored very quickly and start looking for other things to entertain us. Just like the earth will continue spinning, God will continue to give us direction in our life. Our response needs to be, "Yes Lord" and movement.

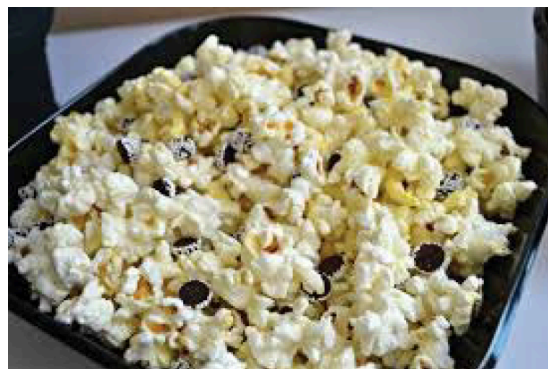


### Snack, Day 4

## Cloud Pillars (Snack Station)

Popcorn or puffed rice can be used to represent clouds, like the one that lead the Israelites in the desert.

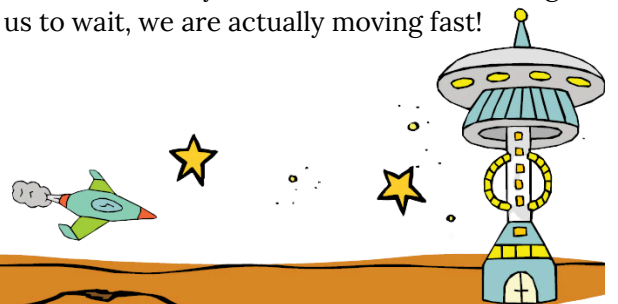
To make a pillar of cloud, dip a wooden stick (lollipop stick) into sticky syrup/tomato sauce/Chinese chutney and then poke it into a bowl of popcorn or puffed rice so that the stick gets coated with the snack. Let the children make their own sticks for extra fun!



**Factoid** (Space application to discuss during snack)

## Space shuttles

Ever since man was able to see the moon he has wanted to travel to it. Think about this amazing point in space travel: Very soon after their "take off" on their way to the moon the astronauts will reach "escape velocity" and turn off their engines and coast the rest of the way. At the point when the motors are completely off, the shuttle is going it's fastest! It is the same with you and I. Often, we think we need to work hard and push to get where we want to go. However, many times God asks us to just sit and wait, like the astronauts have to in the space ship. We have to do absolutely nothing, and let God take care of us. It must be hard for astronauts to be in the middle of nowhere out in the huge expanse of space and just turn off their big rocket engines... trusting that they are going as fast as they need to that way! We can also relax knowing that when God asks us to wait, we are actually moving fast!





## Snack, Day 5

### Crossing the Sea on Dry Ground (Snack Station)

Using blue food colouring, make either blue jelly or thick blue custard and pour into a large dish to set. If desired, put small chocolate pieces or 'Gems' to represent fish before it sets completely. Remove the centre section to represent the dry ground that the Israelites walked on as they passed through the Red Sea.

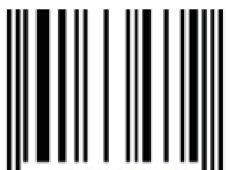
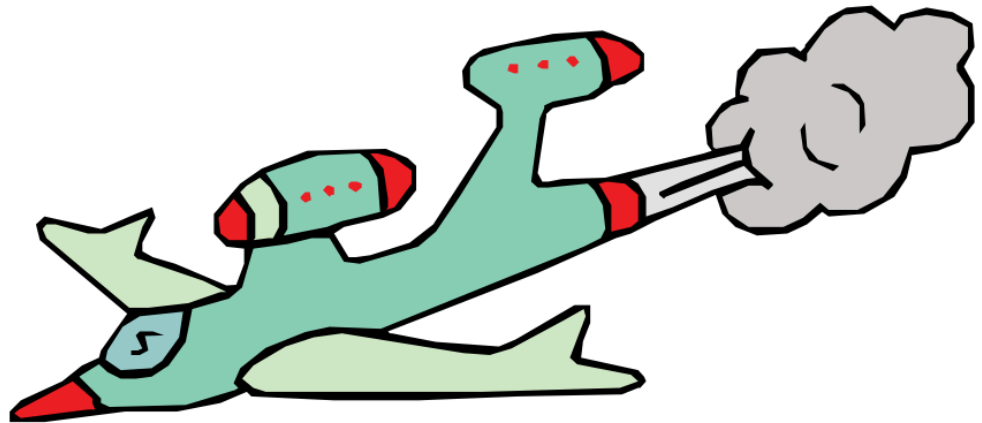
Make one for display, but prepare small disposable cups of jelly/custard for each child to snack on.



## Factoid

### Supernovas

Some stars get so huge and have so much inner pressure that they get to the point where they cannot stand the pressure anymore. It builds and builds and builds until the star actually **EXPLODES** into a million little pieces in space! Scientists call these supernovas. The day that the Israelites were saved from slavery and death through the crossing of the red sea, the gratefulness and joy must have been a huge pressure inside them. I can imagine they had to explode in gratefulness and worship their God who had saved them! Just like a supernova, you and I also have times when God comes to our rescue and we cannot help but explode into worship; thanking God and praising Him for saving us!



13659

[www.ChildrenAreImportant.com](http://www.ChildrenAreImportant.com)  
[info@childrenareimportant.com](mailto:info@childrenareimportant.com)

 **Equip & Grow**  
Children are Important