

Using 3 children from each team, the children will stand on stage and spell out an assigned 3-letter word using their bodies. Th ere can be multiple rounds of play, and each team will compete against the clock. When the leader says go, the leader whispers the first word to one team and without talking they form the word with their bodies. Th e audience of only that team guesses. When they are correct, the watch stops and the leader records how many seconds it took for their team to guess the correct word. If your teams are boys against girls, the girls will get a word for example, and the 3 girls on stage will form the word/object with their bodies while only the girls in the audience will shout out guesses of what the word is. If the boys participate, they just end up helping the girls win. Some suggested 3-letter words are: dog, cat, hat, sun, pig, fun, jet, etc.



Taste Test

Invite on stage one child from each team. Prepare diff erent foods with diff erent fl avors and textures. Hide the food from everyone, and blindfold both students that come up front. Bring one food at a time to the students on stage to have them taste and identify each one. Have the rest of your students try not to mention what they see to make it more of a challenge. (Don't let your class give the answers!) Each student only has one chance to give an answer, and give them only 10 seconds to decide. Have napkins or towels available to clean up any mess that may occur. Have the students on stage take turns guessing with the variety of diff erent foods. The team that correctly identifi es the most food wins.



Game options, Day 2

Drinking Relay Race

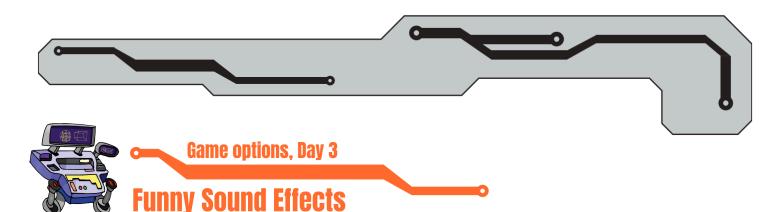
Use 3 children for each team, forming a line. On the other side of the room put a table with a bottle/jug of water for each team. Provide each of the participating children with a paper cup (disposable cup). The first child in the team will run to the table and start drinking water until the leader blows the whistle. They run back and the next child runs down and starts drinking etc. The winning team has the least water remaining in their bottle/jug when time runs out – or finishes their water first!

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Banana Eating Race

Select one child to represent each team, simply pealing and eating a banana. The problem is that one hand must always be behind their back. When the leader says 'Go', the children must try to peal the banana as best as they can using one hand and their teeth. As soon as it is pealed, they must eat the whole banana to win.



The leader prepares ahead of time a list of sound eff ects:

1. Cough. 2. Hiccup. 3. Burp. 4. Sneeze. 5. Hand clap. 6. Yawn. 7. Giggle. 8. Foot stomp. 9. Clearing throat.

Line up 6 players, 3 from each team, alternating them. Instruct the players that they must copy all the sounds you make in the order you make them. Make the first sound on the list. Go down the line, having all the players make that sound individually. Then make the first and second sounds, and all the players must make those sounds too. Then add the third sound, and so on. If a player cannot make a sound, forgets a sound, or makes them in the wrong order; that player is out. Keep adding sounds until only one player is left . His team is the winner!



Sticky Head

Wrap masking tape (sticky side out) around the forehead and chin area of one person for each team. Scatter paper strips across a table. Have the players put their hands behind their backs while standing

behind the table, facing the audience. When you say, "Go" the players roll their heads along the table, attempting to stick as many paper strips to their head as possible. The player with the most strips at the end of a minute wins. (If a child has long hair, pull it back before applying the tape to avoid painful hair-pulling)



Two children participate, one from each team. The children stand on a piece of wood (2" by 6"). The goal is to knock the other player off the board using rolled up newspapers as if it was a sword, without hitting the other person in the head.

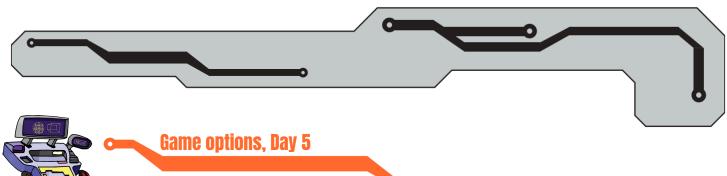
A player is out as soon as one foot hits the ground. The remaining player must still have his balance on the wood in order to win. Don't put the wood up too high, so that no children get hurt. Substitute the rolled up newspaper for anything that is soft and will not be dangerous.

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Make a Pvramid

Give 5 children 10 disposable cups each and have them stand at a table. Using only one hand, each child must build a pyramid of cups. First child to build their pyramid wins!



Asteroid Catch

Make 20 "asteroids" out of crumpled up paper.

Teams of 5 children will take turns to play.

Choose one child from the team to stand on a safe chair or a stage, holding a bowl with the asteroids in it. The other 4 children must sit on the floor some good distance from the chair/stage, holding medium-sized bowls on their heads and gently swaying from side to side. Give each child a pair of goggles to protect their eyes from asteroid injuries!

The child with the asteroids must throw them, aiming to get as many as possible in the bowls within a certain time limit, perhaps 30 seconds or 1 minute.

Record how many asteroids are caught and repeat the game with other teams.

The winning team is the team that catches most asteroids in their bowls!

To make this game more difficult - the child on the chair/stage could wear a blind-fold, but an adult should ensure the child does not step off the chair/stage!



Cake Relay

The idea of this game is to have two children from each team decorate a cake as fast as possible as a relay that is fun to watch for the whole audience. Prepare ahead of time two cakes that have not been iced or decorated. Provide aprons, the icing, some knives and some sprinkles or other ways to decorate the cakes a little. When the leader says go, the children put on the aprons, ice the cake, decorate it, and take a quick bite out of the cake. The fastest team is the winner. As a bonus, provide enough cake to be a fun treat for all the children at the end of your VBS!

