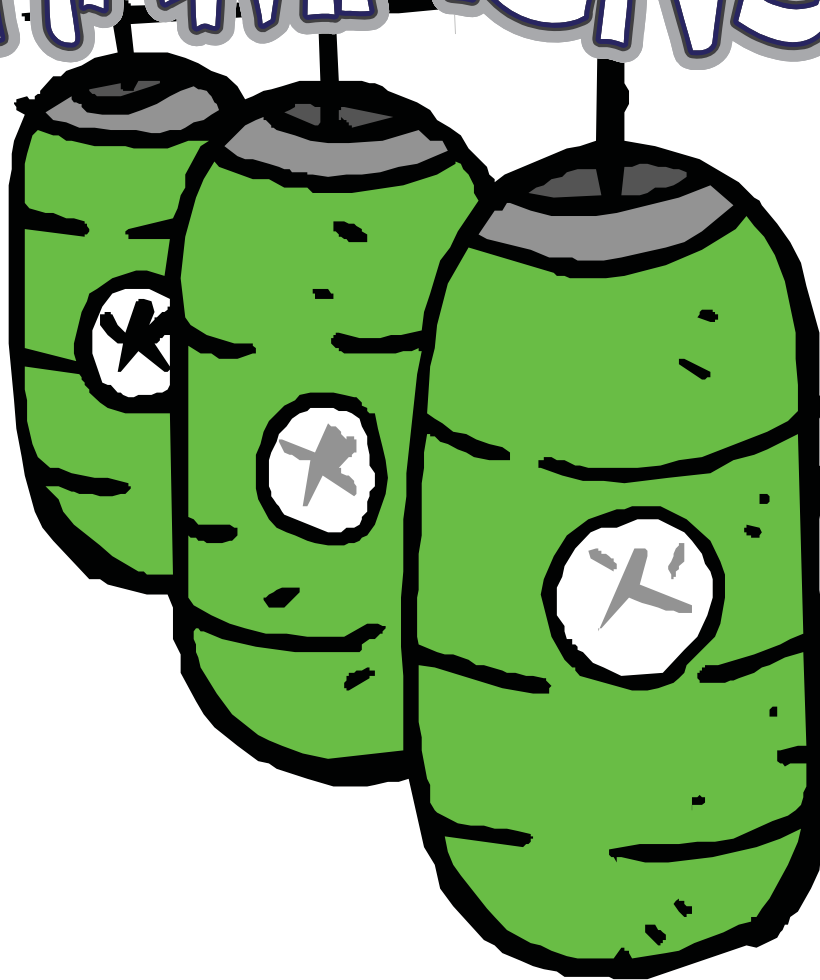


UNIT 3

CHAMPIONS

by the
Fruit of
the Spirit



DIFFICULT



DIFFICULT
Student Book

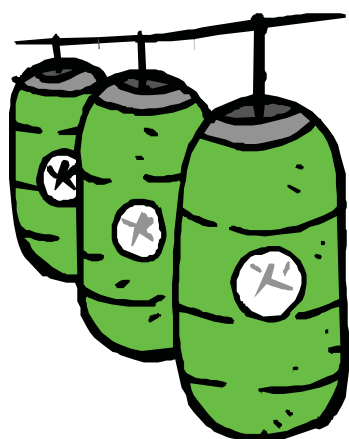
TO BECOME CHAMPIONS...

...you and I must learn to live by the Fruit of the Spirit, and fight against our sin on a daily basis.

This is no easy workout, and will require time, sweat, training, and effort.

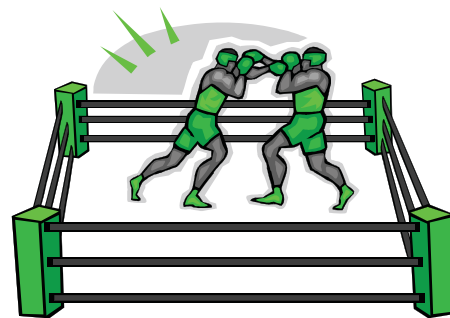


HOWEVER, TO BE A WINNER, YOU WILL NEED A COACH.

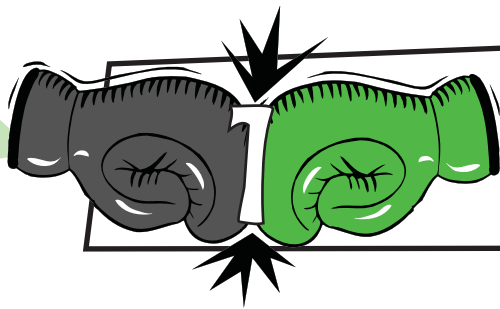


Come to this class each week for your workout and training and listen to your coach. Learn the memory verse, hear the Bible story, and get help with how to knockout the sin that wars within your heart.

Then during the week, get into the ring as you put into practice each lesson in your real life. Each time you do the homework assignment titled "In the Ring," you are throwing a great punch at sin!



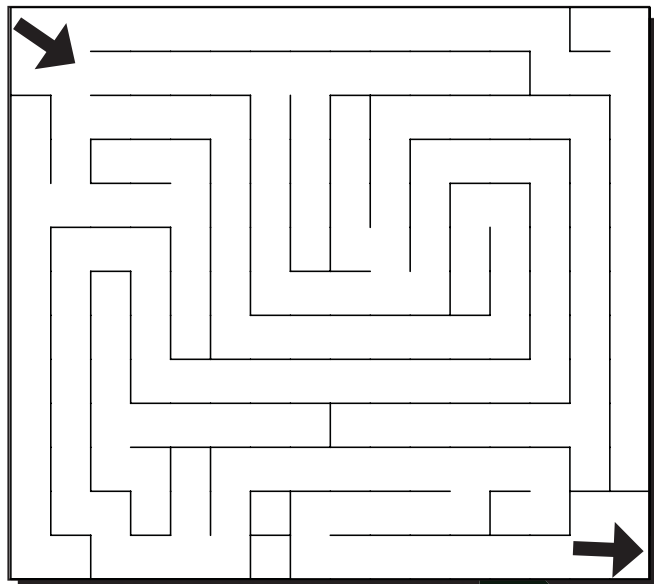
KEEP UP THE FIGHT, AND YOU CAN WIN COMPETITIONS AND BECOME A CHAMPION!



FAITHFULNESS VS IDOLATRY

Bible Story: The Ark is captured

1 Samuel 5:1-12, 6, 7:3

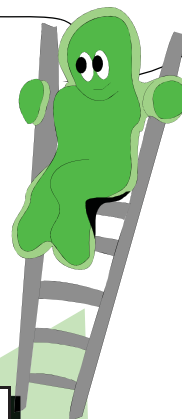


Memory Verse:

"You shall not make for yourself an image in the form of anything in heaven above or on the earth beneath or in the waters below."

Exodus 20:4

I think I can escape from participating in this festival by climbing this ladder!



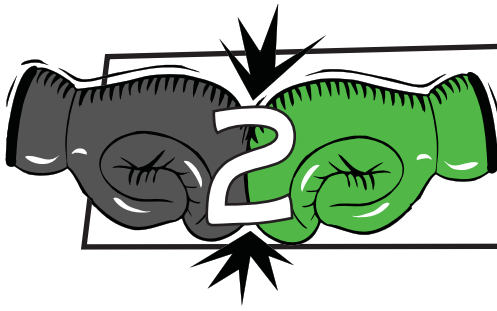
FAITHFULNESS
PIETY
IDOLATRY
WORSHIP
GOD
PHILISTINES
ARK
COVENANT
DAGON
TOPPLED
COMMANDMENTS
CEREMONIES
CANDLES
FAME
LOYALTY
HONOR

C	E	R	E	M	O	N	I	E	S	H	J	T	F	P	S
I	C	O	M	M	A	N	D	M	E	N	T	S	A	I	Y
D	O	G	T	O	P	P	L	E	D	M	H	E	M	E	W
O	V	C	A	N	D	L	E	S	Y	U	R	F	E	T	O
L	E	H	J	Y	E	L	O	Y	A	L	T	Y	A	Y	R
A	N	P	H	I	L	I	S	T	I	N	E	S	R	R	S
T	A	E	R	T	D	A	G	O	N	W	R	S	K	S	H
R	N	Q	W	H	O	N	O	R	M	J	A	G	O	D	I
Y	T	F	A	I	T	H	F	U	L	N	E	S	S	A	P



IN THE RING

Choose an activity to NOT participate in because it may have idolatry. It may be a custom to remove your shoes, a parade to not participate in, a sports game you choose not to attend, or not buying flowers when others do.



FAITHFULNESS VS DISLOYALTY

Bible Story: Shadrach, Meshach and Abednego
Daniel 3:1-21

F	F	P	R	E	S	S	U	R	E	E	S	G
A	A	H	J	T	M	E	S	H	A	C	H	F
I	B	F	R	E	E	D	O	M	W	R	A	D
T	E	E	F	U	R	N	A	C	E	D	D	R
H	D	I	S	L	O	Y	A	L	T	Y	R	T
F	N	M	J	S	D	F	G	H	R	D	A	U
U	E	A	E	I	J	O	G	D	U	S	C	K
L	G	G	S	E	C	R	E	T	S	K	H	H
N	O	E	U	Y	U	I	G	G	T	I	G	G
E	H	J	S	G	S	D	S	O	F	N	I	I
S	P	R	O	F	E	S	S	D	G	G	F	F
S	C	H	R	I	S	T	I	A	N	I	T	Y

FAITHFULNESS
DISLOYALTY
CHRISTIANITY
TRUST
SECRETS

PRESSURE
SHADRACH
MESHACH
ABEDNEGO
IMAGE

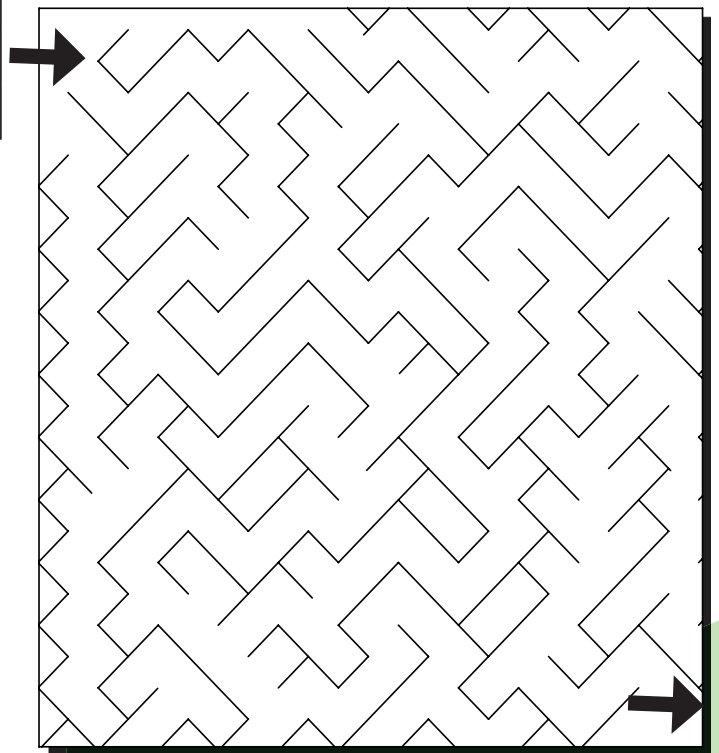
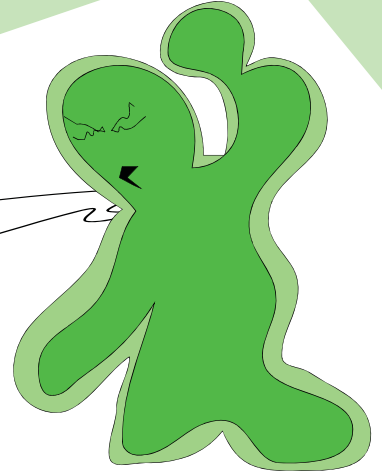
KING
FURNACE
JESUS
FREEDOM
PROFESS
GOD

Memory Verse:

“Teach me your way, Lord, that I may rely on your faithfulness; give me an undivided heart, that I may fear your name.”

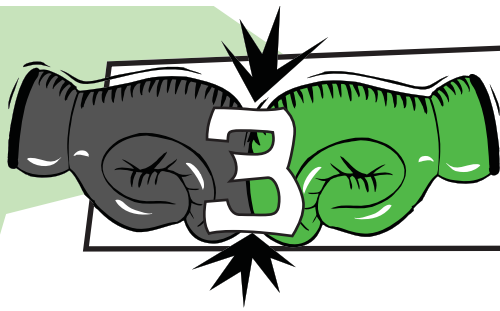
Psalms 86:11

I hate peer pressure!!! I do not want to be embarrassed about being a Christian!



IN THE RING

Find a time this week to openly admit at school or in the community that you are a Christian, and that you believe in Jesus Christ. Afterwards, rejoice that you were loyal, despite any peer pressure you faced.



FAITHFULNESS VS HESITATION

Bible Story: The Lord calls Samuel
1 Samuel 3:1-21

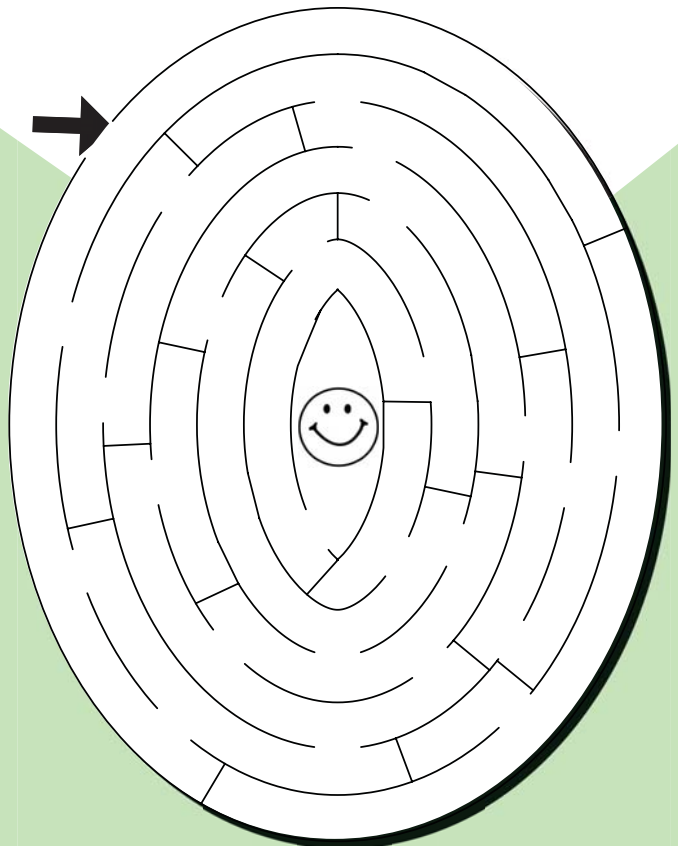
F	A	I	T	H	F	U	L	N	E	S	S
I	K	L	E	E	L	I	S	M	G	N	Q
M	L	M	M	S	P	E	A	K	S	S	U
P	I	G	P	I	E	R	Y	N	I	A	I
O	S	D	L	T	G	O	D	O	N	M	C
R	T	S	E	A	F	O	D	W	F	U	K
T	E	M	P	T	A	T	I	O	N	E	L
A	N	P	R	I	E	S	T	H	V	L	Y
N	D	H	D	O	U	B	T	V	H	D	E
T	V	B	M	N	R	E	S	P	O	N	D

FAITHFULNESS	TEMPLE
HESITATION	SIN
SPEAKS	TEMPTATION
DOUBT	IMPORTANT
KNOW	LISTEN
SAMUEL	QUICKLY
ELI	RESPOND
PRIEST	GOD

Memory Verse:

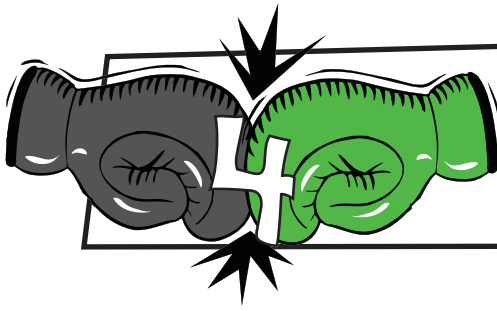
"Now faith is confidence
in what we hope for and
assurance about what we
do not see."

Hebrews 11:1



IN THE RING

Ask God to speak to you this week, and to have you to do something. Practice obeying immediately without hesitation. If you forget and hesitate, ask God for another assignment.



FAITHFULNESS VS DISOBEDIENCE

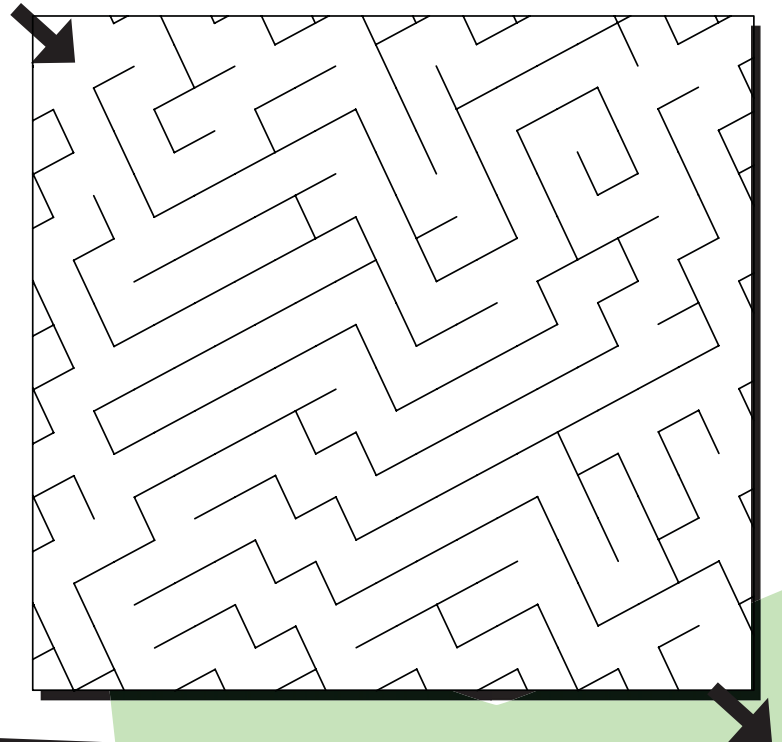
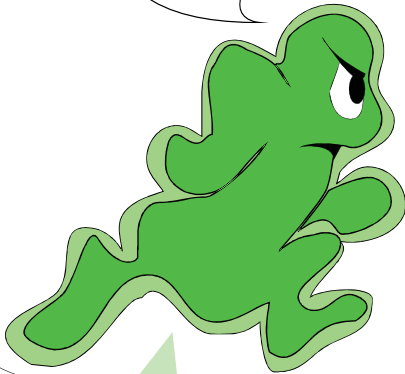
Bible Story: Spies in Canaan
Numbers 13:1-3,17-33, 14:1-11

FAITHFULNESS
OBEDIENCE
DISOBEY
GO
ISRAEL
EGYPT
DESERT
PROMISED
LAND
SPIES
GRAPES
BEAUTIFUL
DISCOURAGED
ENCOURAGED
JOSHUA
CALEB
HEARTS
POSSIBLE

K	L	J	G	F	D	X	F	P	O	S	S	I	B	L	E	X
D	C	A	L	E	B	S	H	E	A	R	T	S	G	F	D	S
J	O	S	H	U	A	O	B	E	D	I	E	N	C	E	I	D
Z	F	A	I	T	H	F	U	L	N	E	S	S	Z	G	S	I
S	P	I	E	S	B	D	E	S	E	R	T	F	L	Y	R	S
C	V	P	R	O	M	I	S	E	D	R	Y	F	A	P	A	O
D	I	S	C	O	U	R	A	G	E	D	V	G	N	T	E	B
G	B	E	A	U	T	I	F	U	L	C	V	O	D	B	L	E
G	R	A	P	E	S	E	N	C	O	U	R	A	G	E	D	Y

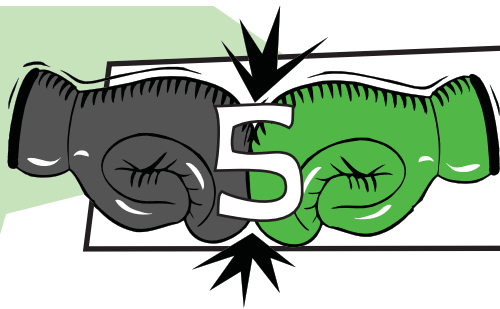
Memory Verse:
"But Moses said,
'Why are you
disobeying the
Lord's command?
This will not
succeed!"
Numbers 14:41

I refuse to obey my
mom! I am going to the
store for candy anyway!



IN THE RING

Choose 2 assignments from God to do this week. The first being something God asked you NOT to do, and the other something God asked you to do. Obey God in both items to win against disobedience.



FAITHFULNESS VS WITHHOLDING

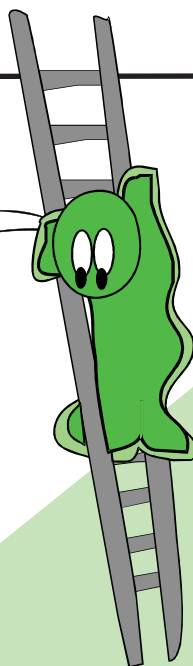
Bible Story: Abraham and Isaac
Genesis 22:1-18

Memory Verse:

“And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.”

Hebrews 11:6

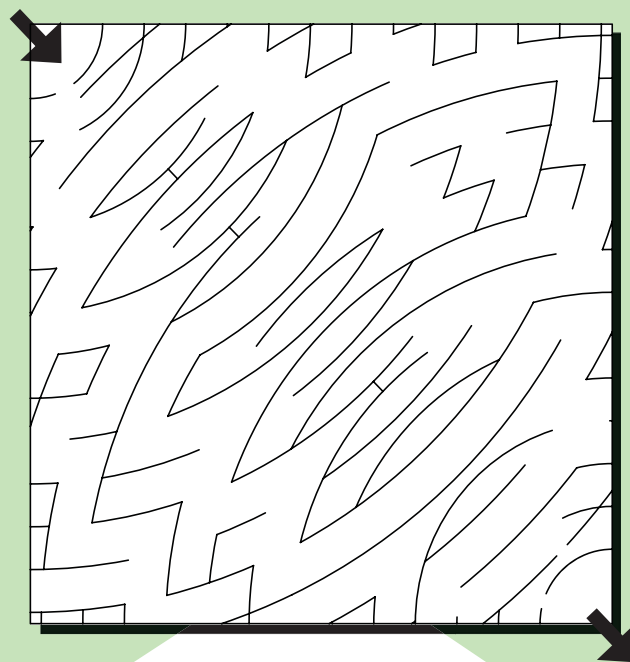
But I do not
want to come
down and
participate!
Do I have to?



F	W	I	T	H	H	O	L	D	I	N	G
A	S	T	O	P	P	E	D	O	M	W	D
I	T	E	R	G	H	A	F	N	O	I	S
T	A	S	E	B	A	B	I	K	U	L	U
H	R	T	F	N	L	R	R	E	N	L	P
F	S	G	U	S	T	A	E	Y	T	I	P
U	G	F	S	K	A	H	G	F	A	N	R
L	N	D	A	Y	R	A	O	H	I	G	E
N	V	S	L	C	F	M	D	K	N	N	S
E	G	I	V	E	I	S	A	A	C	E	S
S	A	C	R	I	F	I	C	E	H	S	D
S	A	R	A	H	T	U	Y	G	D	S	C

FAITHFULNESS
WILLINGNESS
WITHHOLDING
REFUSAL
GIVE
SUPPRESS
ABRAHAM
STARS
SKY
SARAH

ISAAC
SACRIFICE
TEST
GOD
DONKEY
MOUNTAIN
FIRE
ALTAR
STOPPED



IN THE RING

Is there something that God is asking you to give up this week? Take a moment to think about what that is, and then pray that God gives you the strength to give it up. It could be tea, Facebook, or a favorite food. To win this fight, choose to give that item up all week long.



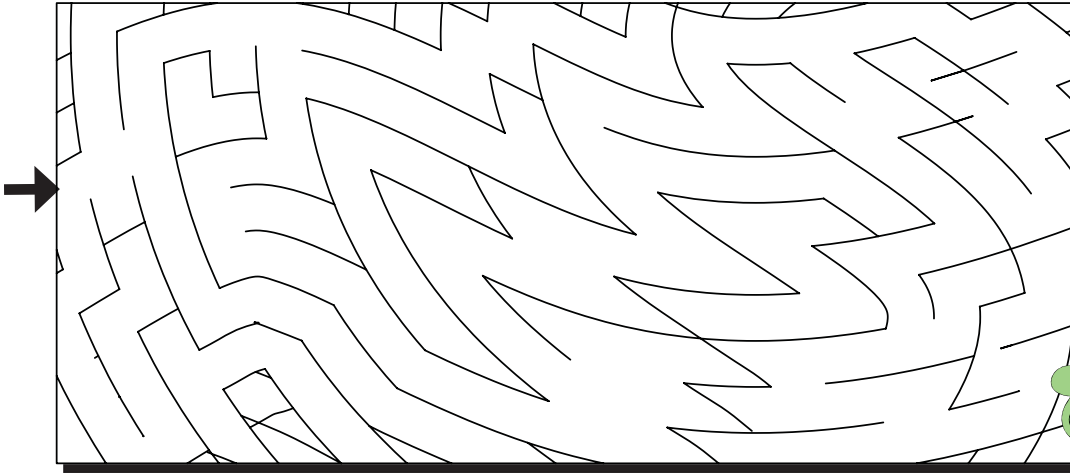
FAITHFULNESS VS UNRELIABILITY

Bible Story: Noah and the Ark
Genesis 5:32, 6:1-22, 7:1-12

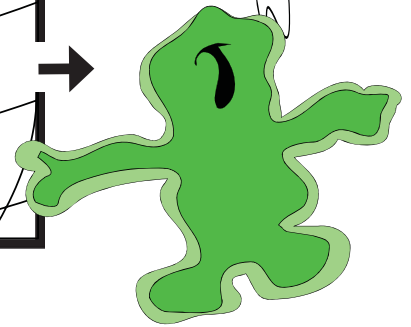
Memory Verse:

“But someone will say, “You have faith; I have deeds.” Show me your faith without deeds, and I will show you my faith by my deeds.”

James 2:18



Look! I am a blob,
and can become
anything! I do not
have to stay, do I?

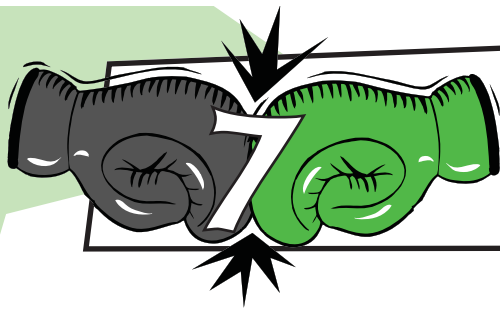


FAITHFULNESS
PROMISES
KEPT
DIFFICULT
YES
NO
NOAH
ARK
WOOD
ANIMALS
FLOOD
SAFETY
YEARS
WORK
ASSIGNMENT
ACTIONS
FOLLOW

A	N	I	M	A	L	S	G	P	R	O	M	I	S	E	S	D
F	A	I	T	H	F	U	L	N	E	S	S	H	J	F	Y	Y
A	R	K	W	O	R	K	D	I	F	F	I	C	U	L	T	E
N	W	E	S	A	F	E	T	Y	Z	A	C	T	I	O	N	S
O	O	P	S	F	G	H	I	Y	E	A	R	S	L	O	W	O
A	O	T	F	L	O	O	D	D	G	F	O	L	L	O	W	L
H	D	L	I	A	S	S	I	G	N	M	E	N	T	V	N	O

IN THE RING

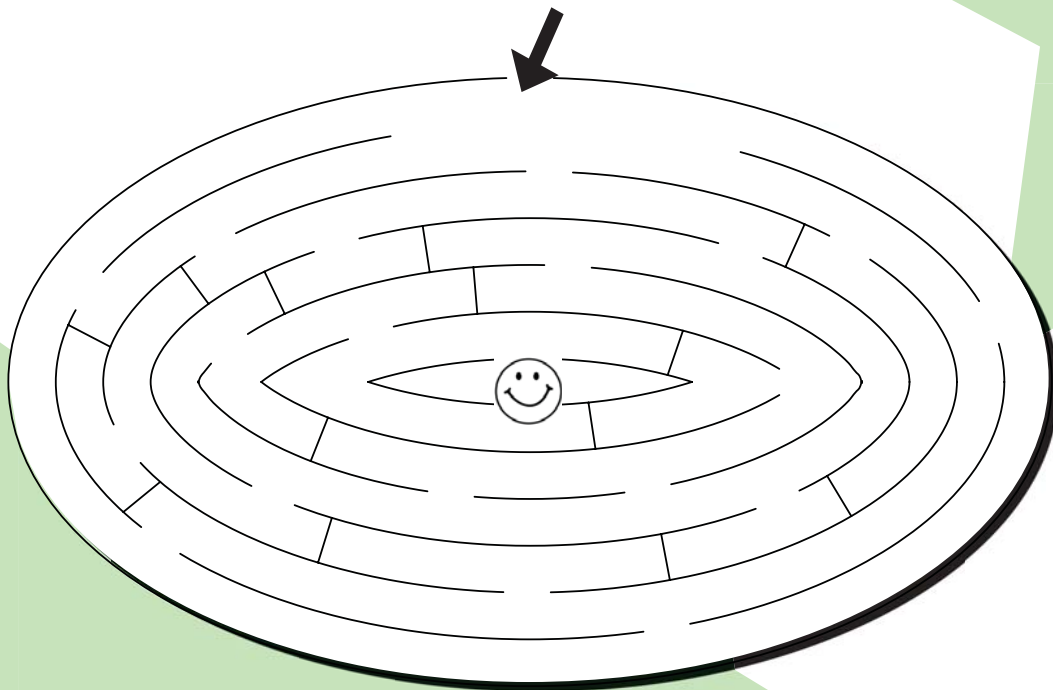
Choose an area of your life to be reliable to God. Choose something to do for God one day this week, and make sure to be reliable in it. When you finish, choose another promise to God for a day, and set what day to do it. Make sure to complete your promise.



FAITHFULNESS VS DOUBT

Bible Story: Jesus appears to Thomas
John 20:24-31

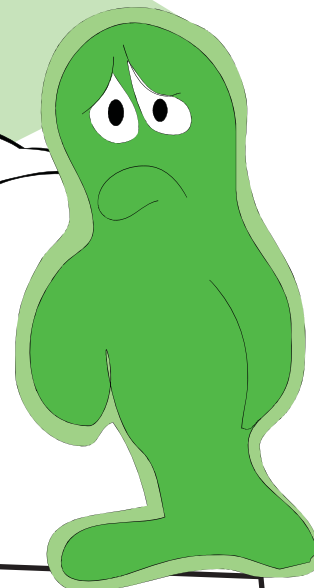
Memory Verse:
"Then Jesus told
him, "Because
you have seen me,
you have believed;
blessed are those
who have not
seen and yet have
believed."
John 20:29



I	C	D	I	S	C	I	P	L	E	S	T
O	O	B	E	L	I	E	V	E	E	E	H
H	N	U	R	F	A	I	T	H	T	E	O
T	F	Y	F	H	J	T	R	R	D	J	M
D	I	S	C	O	U	R	A	G	E	D	A
E	D	T	U	Y	T	R	I	E	A	T	S
P	E	R	S	O	N	E	L	R	T	R	G
E	N	S	T	R	O	N	G	G	H	U	F
U	C	H	R	I	S	T	I	A	N	S	D
J	E	S	U	S	H	H	E	A	R	T	S
R	E	S	U	R	R	E	C	T	I	O	N

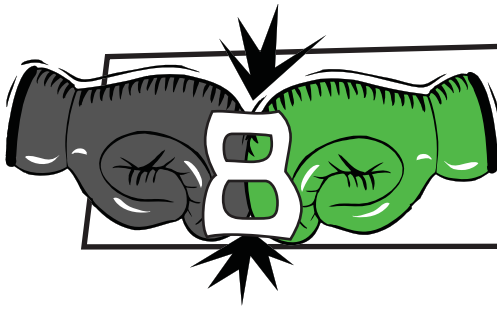
CONFIDENCE
TRUST
PERSON
BELIEVE
CHRISTIANS
THOMAS
JESUS
TRAIL
DEATH
RESURRECTION
DISCIPLES
STRONG
FAITH
HEARTS
SEE
DISCOURAGED

I am scared
on the
inside.
I do not
know if I
believe in
God or not.



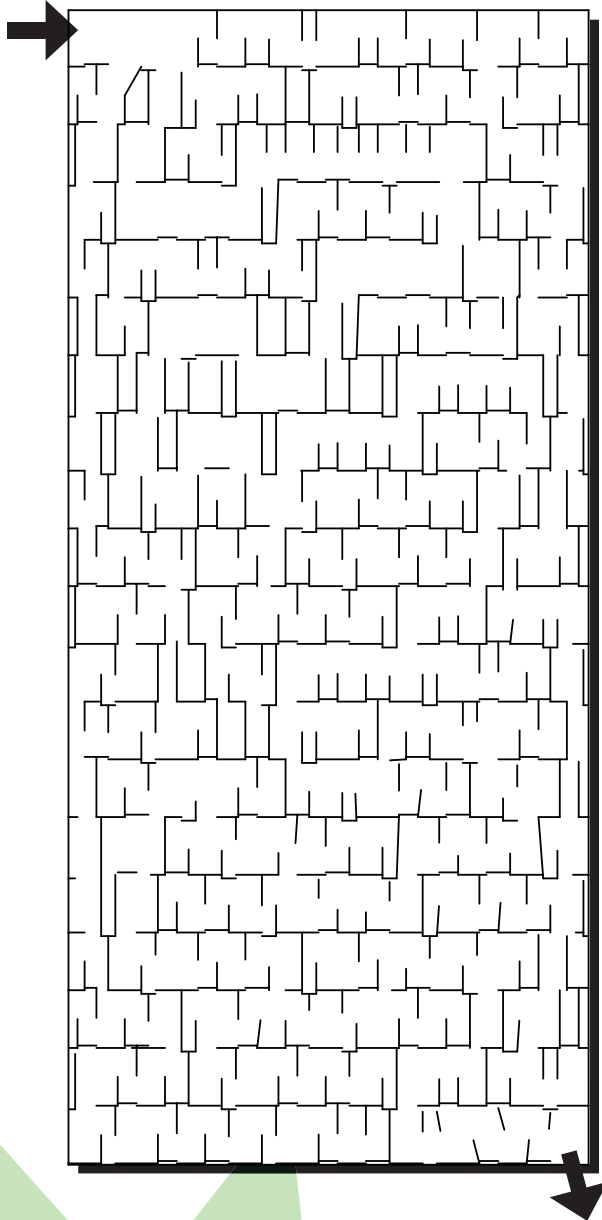
IN THE RING

Choose to believe God this week on something that He promised you that seems impossible. Tell God that you are willing to wait until He completes His promise. To demonstrate your willingness to wait, go stand in any line, one where you do not need to be! Write down how many minutes you waited in the line so that you can report it back to your coach.

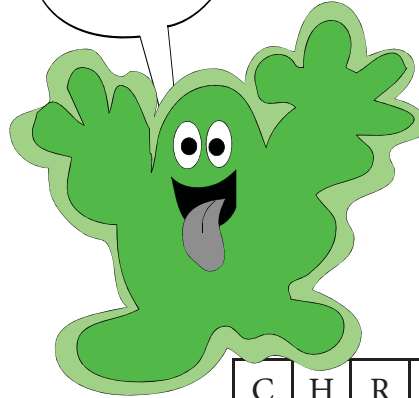


GENTLENESS VS DISSENSION

Bible Story: Abraham and Lot separate
Genesis 13:1-18



I am better
than you are!!
Ha ha ha!!



Memory Verse:
"Be completely humble and gentle;
be patient, bearing with one another in love."
Ephesians 4:2

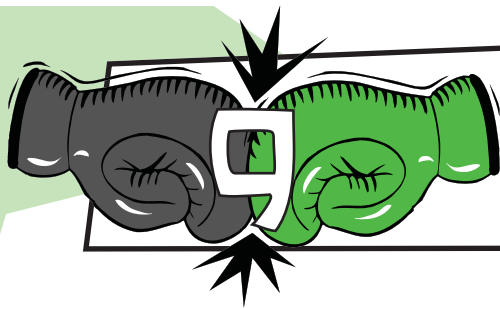
FRUITS	WORK
SPIRIT	IMPORTANT
ACTIONS	GOD
CHRISTIANS	ABRAHAM
SIN	LOT
FIGHTING	FLOCKS
RESPECT	HERDS
OTHERS	DISTANCE
REFUSE	

C	H	R	I	S	T	I	A	N	S
F	R	U	I	T	S	D	S	W	D
G	H	J	S	P	I	R	I	T	F
E	R	E	S	P	E	C	T	R	I
A	F	D	D	H	E	R	D	S	M
C	K	L	I	I	J	A	N	S	P
T	R	G	S	V	B	B	S	F	O
I	E	O	T	H	E	R	S	L	R
O	F	D	A	S	E	A	W	O	T
N	U	T	N	I	L	H	O	C	A
S	S	G	C	N	O	A	R	K	N
X	E	C	E	B	T	M	K	S	T
F	I	G	H	T	I	N	G	D	R



IN THE RING

Allow another person to win when you disagree over something. You can choose to disagree, but you must stop yourself from fighting with them over it. Allow them to have their opinion.



GENTLENESS VS TRADITIONS

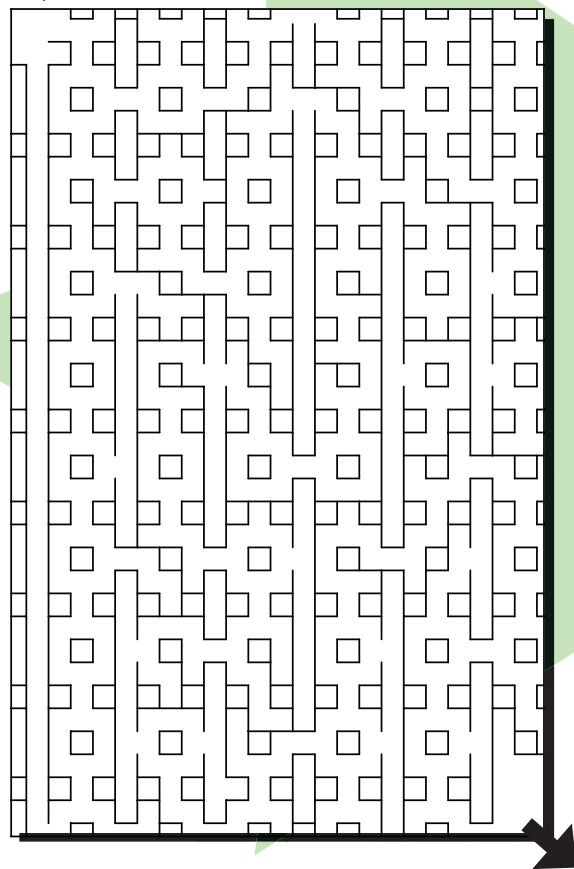
Bible Story: Clean and unclean
Matthew 15:1-20

Memory Verse:

“Do not cause anyone to stumble, whether Jews, Greeks or the church of God— even as I try to please everyone in every way. For I am not seeking my own good but the good of many, so that they may be saved.”

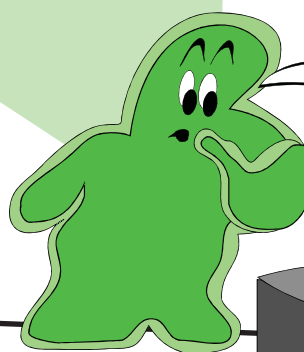
1 Corinthians 10:32-33

G	E	N	T	L	E	N	E	S	S	U	U
H	A	N	D	S	H	U	L	O	V	E	N
T	T	O	T	H	E	R	S	G	O	D	W
D	I	S	C	I	P	L	E	S	G	U	A
D	N	T	R	A	D	I	T	I	O	N	S
R	G	B	R	E	A	K	E	D	J	C	H
H	U	M	I	L	I	T	Y	S	E	L	E
Y	U	K	I	N	D	N	E	S	S	E	D
T	H	E	A	R	T	S	E	W	U	A	M
S	C	R	I	P	T	U	R	E	S	N	N

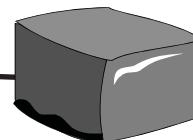


GENTLENESS
TRADITIONS
KINDNESS
HUMILITY
SCRIPTURES
JESUS
DISCIPLES
BREAK

EATING
UNWASHED
HANDS
LOVE
OTHERS
GOD
HEARTS
UNCLEAN



I do not think I can change any traditions! That box is too hard to move!



IN THE RING

Choose kindness to someone over one of your traditions. This could mean understanding when they break your tradition, and not making a comment about it. Make sure not to hurt anyone else, or bring attention to yourself with this assignment.



GENTLENESS VS BITTERNESS

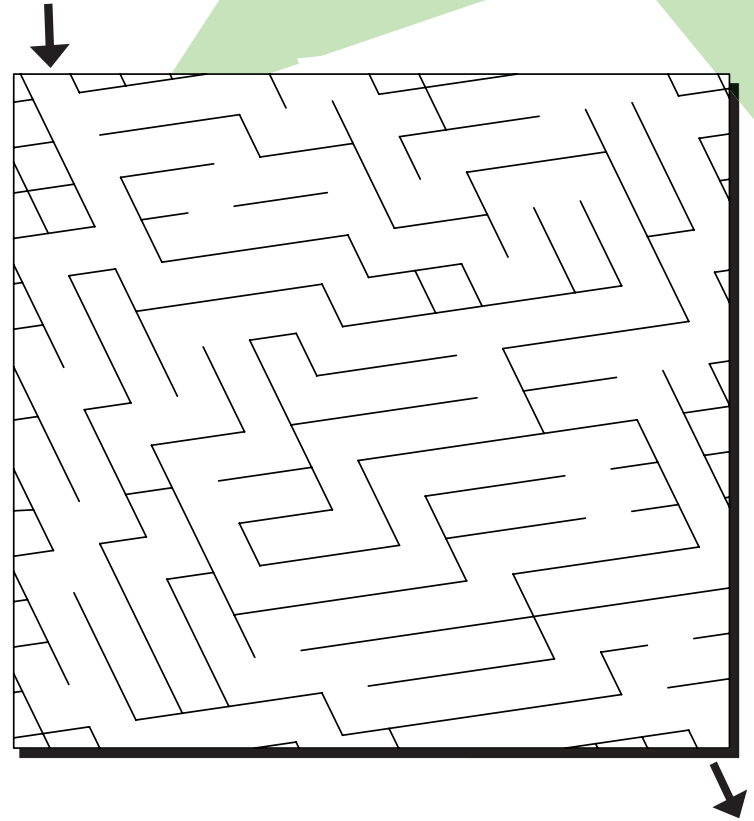
Bible Story: Cain and Abel
Genesis 4:1-16

Memory Verse:

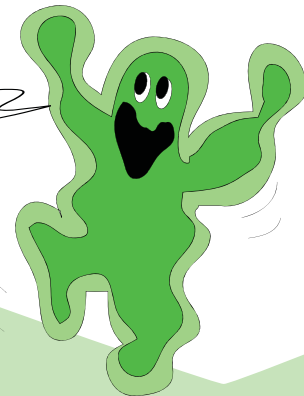
“Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.” Ephesians 4:31

C	A	I	N	B	H	E	A	R	T	S
S	G	F	D	G	O	S	P	E	L	X
A	R	E	S	E	N	T	M	E	N	T
C	P	A	I	N	F	R	U	I	T	S
R	B	I	T	T	E	R	N	E	S	S
I	J	A	I	L	C	E	L	L	C	L
F	A	S	H	E	E	P	H	F	S	O
I	B	I	N	N	O	C	E	N	T	C
C	E	R	P	E	O	P	L	E	E	K
E	L	E	S	S	G	O	D	D	A	E
A	S	J	E	S	U	S	G	F	L	D

GENTLENESS	INNOCENT	SACRIFICE
BITTERNESS	RESENTMENT	GOD
JAILCELL	GOSPEL	FRUITS
LOCKED	JESUS	SHEEP
PAIN	CAIN	STEAL
PEOPLE	ABEL	HEART

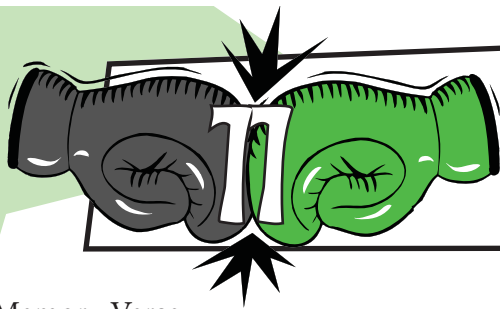


I am free from
bitterness!
Hurray!!!



IN THE RING

Choose something or someone that you are angry with, and forgive them. Take a moment in prayer, and actually say out loud, “I forgive you.”



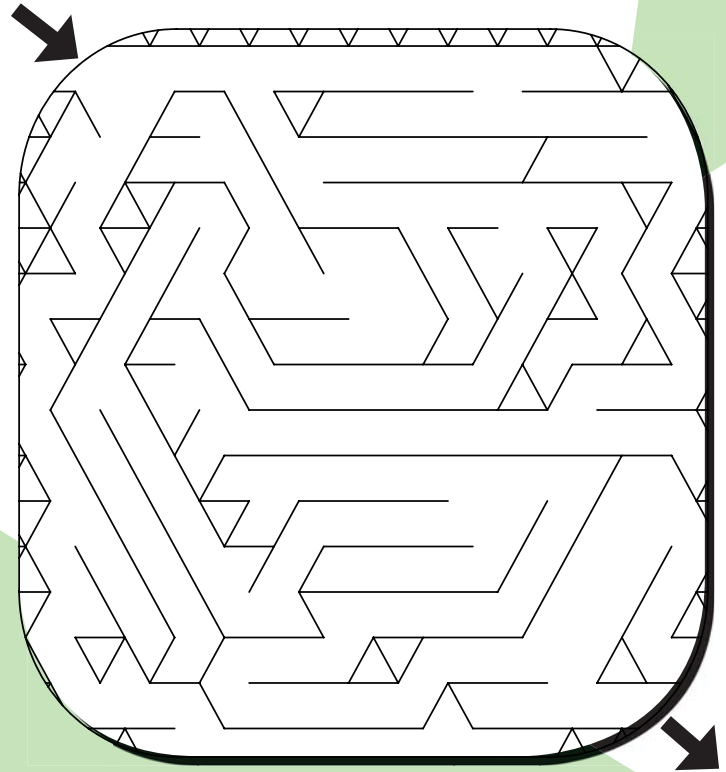
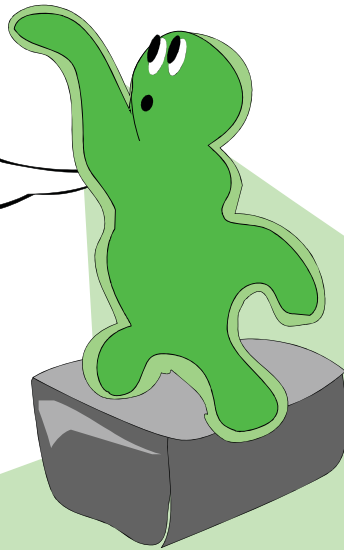
SELF-CONTROL VS TEMPTATIONS

Bible Story: Jesus is tempted
Matthew 4:1-11

Memory Verse:

"No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it." 1 Corinthians 10:13

I am
soooooo
tempted to
steal that! Do
you think
I will get
caught?



H	D	E	V	I	L	R	T	R	E	S	I	S	T	W	E	H
T	E	M	P	T	A	T	I	O	N	S	U	I	O	J	W	F
T	E	S	T	E	D	D	E	S	J	W	O	R	L	D	O	H
H	U	M	A	N	U	I	O	H	A	N	G	E	L	S	R	E
J	E	S	U	S	P	E	R	M	I	S	S	I	O	N	S	A
H	U	N	G	R	Y	G	O	D	F	A	S	T	E	D	H	R
F	T	E	M	P	L	E	H	O	L	Y	S	P	I	R	I	T
V	S	E	L	F	C	O	N	T	R	O	L	F	J	K	P	S

WORLD
DEVIL
PERMISSION
GOD
HEARTS
JESUS
TEMPTATIONS
HOLY SPIRIT
FASTED

HUNGRY
TEMPLE
ANGELS
TESTED
WORSHIP
RESIST
SELF CONTROL
HUMAN

IN THE RING

Resist a temptation, and if you can, use scripture like Jesus did. Maintain control of your desires, and do not allow yourself to give into that temptation.



SELF-CONTROL VS LYING

Bible Story: Jacob steals Esau's blessing
Genesis 27:1-36



I won this competition all on my own! No one helped me at all!



O	S	E	L	F	C	O	N	T	R	O	L	E	S	A	U	M
F	R	I	E	N	D	S	U	T	R	U	T	H	F	U	L	E
P	J	A	C	O	B	Y	H	O	N	E	S	T	F	Y	I	A
B	L	E	S	S	I	N	G	I	S	T	O	R	Y	T	E	L
H	A	I	R	Y	T	U	O	M	G	P	A	R	E	N	T	S
C	L	O	T	H	E	S	D	H	P	U	N	I	S	H	E	D

SELF CONTROL
HONEST
TRUTHFUL
LIE
PARENTS

FRIENDS
PUNISHED
STORY
JACOB
ESAU

BLESSING
MEAL
HAIRY
CLOTHES
GOD

Memory Verse:
"A lying tongue hates
those it hurts, and
a flattering mouth
works ruin."
Proverbs 26:28



IN THE RING

Everyone lies, even if only a little. Remember back to a lie that you have told this year. Go to that person, tell them the truth, and tell them you are sorry for lying.

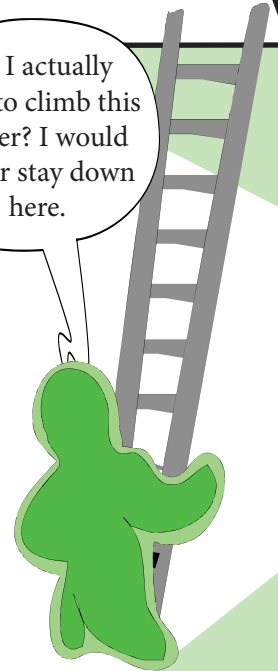


SELF-CONTROL VS LAZINESS

Bible Story: The wise and foolish builders
Matthew 7:24-27

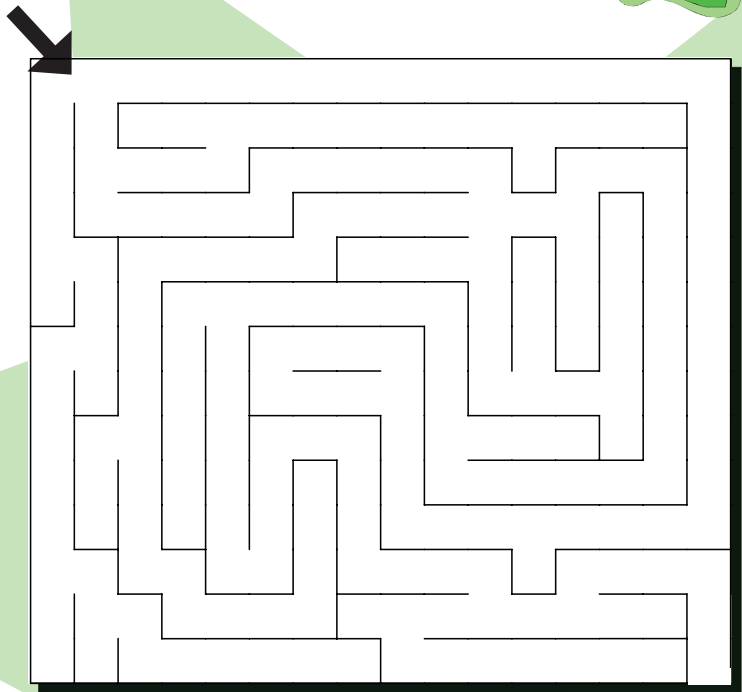
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K	L	D	E	S	I	R	E	S	B	E	U	T	R	I	B	U
S	E	L	F	C	O	N	T	R	O	L	U	F	U	O	I	I
E	N	F	O	O	L	I	S	H	W	I	S	E	I	S	L	L
R	O	C	K	V	W	I	N	S	P	I	R	I	T	A	I	D
M	C	R	A	S	H	F	I	M	P	O	R	T	A	N	T	E
O	T	C	O	M	P	I	T	I	T	I	O	N	S	D	Y	R
N	L	A	Z	I	N	E	S	S	M	K	L	O	U	G	F	S

Do I actually have to climb this ladder? I would rather stay down here.



FRUIT
SPIRIT
SELF CONTROL
LAZINESS
IMPORTANT
WIN
COMPITITIONS
DESIRES
TIRED

ABILITY
DISOBEY
FOOLISH
WISE
BUILDERS
SERMON
ROCK
SAND
CRASH



Memory Verse:

"If anyone, then, knows the good they ought to do and doesn't do it, it is sin for them." James 4:17



IN THE RING

Fight against your laziness this week, by choosing something to do that you do not want to do. Make sure to complete it, and share your testimony with a friend.

WE CAN SEE THE FAITH IN
YOUR HEART



...BY THE
THINGS
YOU DO.

"But someone will say, 'You have faith; I have deeds.' Show me your faith without deeds, and I will show you my faith by my deeds." James 2:18

Champions Difficult
English



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