

SELF-CONTROL MATCHES





SELF-CONTROL VS TEMPTATIONS

Jesus is tempted (Matthew 4:1-11)

Memory Verse: 1 Corinthians 10:13



"No temptation has overtaken you except what is common to mankind. And God

is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it."

Resist one temptation, and if you can, use scripture like Jesus did. Maintain control of your desires, and do not allow yourself to give into that temptation.

WELCOME to "Champions by the fruit of the Spirit!" Your goal is to help your students become champions. To do this, they need to put the fruit of the spirit into action in their everyday lives.

Most Sunday school programs are at church, and do not require homework during the week. However, your students cannot "knockout" sin in their lives by learning about it. They must actually get "In the ring" and fight the actual sin that they face during the week. Honestly, without someone checking up on them, this will be almost impossible to do. Please do not "trust their word" and accept when students say they did an assignment. If you become lax about this program, you will be training your students to tell you lies.

However, just imagine with me that if you can actually coach your students, and track that they are doing the homework, you will see real change in their lives. In just 1 year, you can turn their lives around! Your students will not be memorizing the fruit of the Spirit, but will be actually learning to LIVE it!

Your responsibilities:

- Be a Coach for your group of children
- Meet with students for 5 minutes before and after class each week to discuss assignment and encourage them to become champions.
- Call/text students weekly to remind them of the assignment. (Suggested=Tuesday)
- Call/text students a second time weekly

to get report of assignment done. (Suggested=Friday)

 Keep track of assignments done for children in small group and report to head coach weekly.

Rewards:

A very important part of being a coach is helping your students feel like winners. This means you need to define what behaviour you are looking for, and reward that behaviour.

Smaller weekly rewards:

- Hugs
- High-fives
- Stickers on their shirt
- Stamp on a hand
- Small candy

Larger rewards at end of month:

- Award ceremony with gold, silver and bronze medals given to the children. (Bronze for 3 weeks of assignments finished, silver for 4 weeks, and gold for 5 weeks. Alternatively, you could give bronze for 2 punches, silver for 3 punches and gold for 4 punches per week.)
- A party at your home
- Certificates
- Something given in large church in front of the adults
- Trophies

May our Lord God inspire you, as you take on this challenge of coaching your students in the fruit of the Spirit!



SELF-CONTROL VS LYING

Jacob steals Esau's blessing (Genesis 27:1-36)

Memory Verse: Proverbs 26:28

"A lying tongue hates those it hurts, and a flattering mouth works ruin."



Everyone lies, even if some only a little. Remember back to a lie that you have told this year. Go to that person, tell them the truth, and tell them you are sorry for lying.



SELF-CONTROL VS LAZINESS

The wise and foolish builders (Matthew 7:24-27)

Memory Verse: James 4:17

"If anyone, then, knows the good they ought to do and doesn't do it, it is sin for them."



Fight against your laziness this week, by choosing something to do that you do not want to do. Make sure to complete it, and share your testimony with a friend.





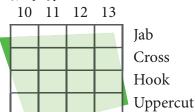


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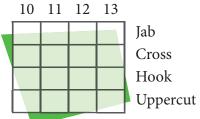




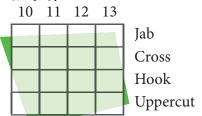
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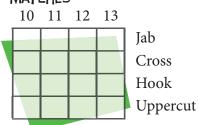
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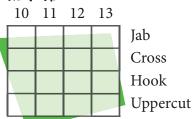
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