



COACH

PATIENCE MATCHES



MATCH 1



PATIENCE VS IMPATIENCE

The golden calf
(Exodus 32)

Memory Verse: Colossians 1:11



"Being strengthened with all power according to his glorious might so that you may have great endurance and patience."



IN THE RING

Write in the dirt something God has done for you in the past, then mark that spot with a rock. Do one at church, each student making their own special spot, and do another at home during the week. After you have marked your spot with a rock, share with someone else what God did.



MATCH 2



PATIENCE VS SORROW

Job suffers with patience
(Job 1-2)

Memory Verse: Psalm 119:50



"My comfort in my suffering is this: Your promise preserves my life."



IN THE RING

Write a thank you to God over something where you suffered. Try to say as Job did, "The Lord gave and the Lord has taken away. May the name of the Lord be praised." Share with others in class your testimony if you can.

WELCOME to "Champions by the fruit of the Spirit!" Your goal is to help your students become champions. To do this, they need to put the fruit of the spirit into action in their everyday lives.

Most Sunday school programs are at church, and do not require homework during the week. However, your students cannot "knockout" sin in their lives by learning about it. They must actually get "In the ring" and fight the actual sin that they face during the week. Honestly, without someone checking up on them, this will be almost impossible to do. Please do not "trust their word" and accept when students say they did an assignment. If you become lax about this program, you will be training your students to tell you lies.

However, just imagine with me that if you can actually coach your students, and track that they are doing the homework, you will see real change in their lives. In just 1 year, you can turn their lives around! Your students will not be memorizing the fruit of the Spirit, but will be actually learning to LIVE it!

Your responsibilities:

- Be a Coach for your group of children
- Meet with students for 5 minutes before and after class each week to discuss assignment and encourage them to become champions.
- Call/text students weekly to remind them of the assignment. (Suggested=Tuesday)
- Call/text students a second time weekly

to get report of assignment done.

(Suggested=Friday)

- Keep track of assignments done for children in small group and report to head coach weekly.

Rewards:

A very important part of being a coach is helping your students feel like winners. This means you need to define what behaviour you are looking for, and reward that behaviour.

Smaller weekly rewards:

- Hugs
- High-fives
- Stickers on their shirt
- Stamp on a hand
- Small candy

Larger rewards at end of month:

- Award ceremony with gold, silver and bronze medals given to the children. (Bronze for 3 weeks of assignments finished, silver for 4 weeks, and gold for 5 weeks. Alternatively, you could give bronze for 2 punches, silver for 3 punches and gold for 4 punches per week.)
- A party at your home
- Certificates
- Something given in large church in front of the adults
- Trophies

May our Lord God inspire you, as you take on this challenge of coaching your students in the fruit of the Spirit!



MATCH 3

PATIENCE VS PRIDE

**King Nebuchadnezzar
(Daniel 4)**

Memory Verse: Ecclesiastes 7:8



"The end of a matter is better than its beginning, and patience is better than pride."



IN THE RING

Do some activities to humble yourself. You could give someone your place in line, avoid watching a TV show where the characters are full of pride, give up your spot on stage or in front of others, or allow others to be correct.



MATCH 4

PATIENCE VS ANGER

**David, Nabal and Abigail
(1 Samuel 25)**

Memory Verse: Ephesians 4:26



"In your anger do not sin"[a]: Do not let the sun go down while you are still angry..."



IN THE RING

Purchase a few small items to give away as gifts. Whenever you become angry, give an item to the person you are angry with. Try to stomp out your anger by giving small gifts to people, and watch your patience grow.



MATCH 5

PATIENCE VS ENTITLEMENT

**The manna and quail
(Exodus 16:1-18)**

Memory Verse:
James 5:8-9



"You too, be patient and stand firm, because the Lord's coming is near. Don't grumble against one another, brothers and sisters, or you will be judged. The Judge is standing at the door!"



IN THE RING

This week you are owed nothing from anyone. Every time you want to ask for something, stop yourself. Each time you successfully stop yourself from asking for food, favors, time, or help; you win against this sin.



STUDENTS



1

MATCHES

1 2 3 4 5

Jab

Cross

Hook

Uppercut

2

MATCHES

1 2 3 4 5

Jab

Cross

Hook

Uppercut

3

MATCHES

1 2 3 4 5

Jab

Cross

Hook

Uppercut

4

MATCHES

1 2 3 4 5

Jab

Cross

Hook

Uppercut

5

MATCHES

1 2 3 4 5

Jab

Cross

Hook

Uppercut

6

MATCHES

1 2 3 4 5

Jab

Cross

Hook

Uppercut

