

# UNIT 3



by the Fruit of the Spirit

ADVANCED



**ADVANCED**  
Student Book

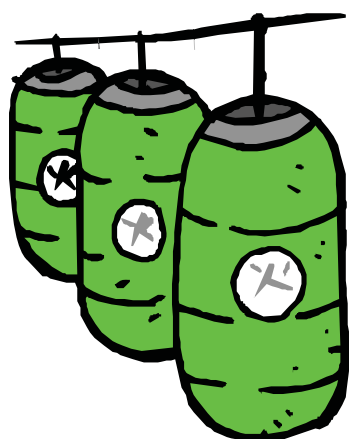
# TO BECOME CHAMPIONS...

...you and I must learn to live by the Fruit of the Spirit, and fight against our sin on a daily basis.

This is no easy workout, and will require time, sweat, training, and effort.

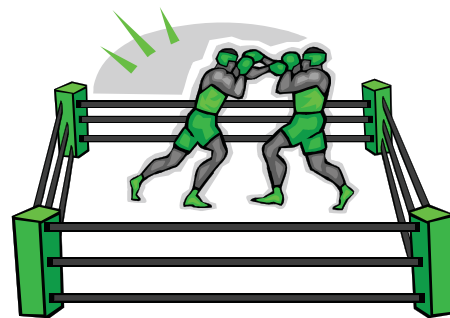


# HOWEVER, TO BE A WINNER, YOU WILL NEED A COACH.

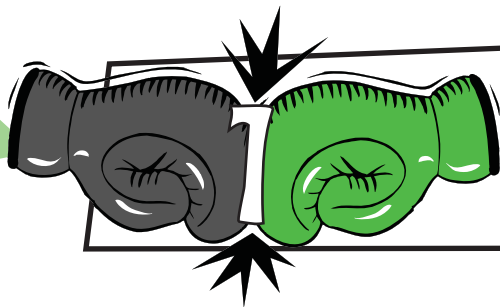


Come to this class each week for your workout and training and listen to your coach. Learn the memory verse, hear the Bible story, and get help with how to knockout the sin that wars within your heart.

Then during the week, get into the ring as you put into practice each lesson in your real life. Each time you do the homework assignment titled "In the Ring," you are throwing a great punch at sin!

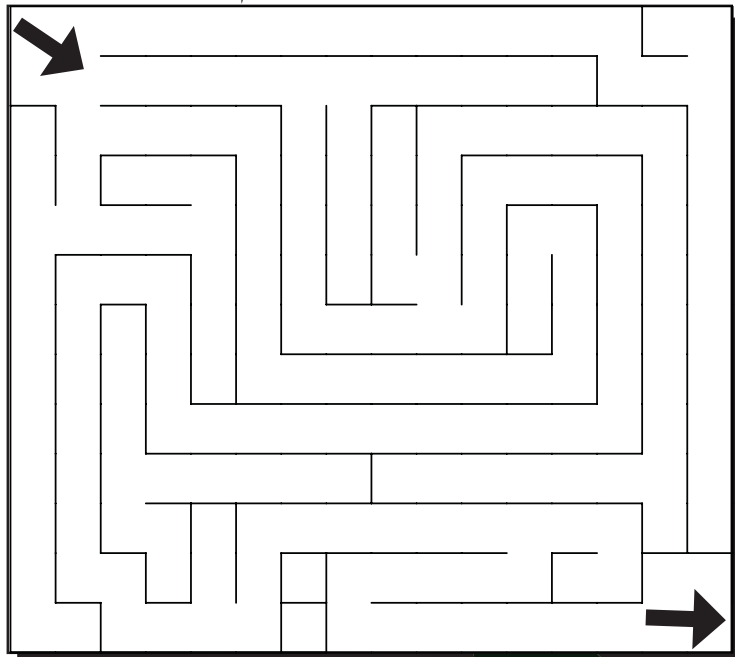


# KEEP UP THE FIGHT, AND YOU CAN WIN COMPETITIONS AND BECOME A CHAMPION!



# FAITHFULNESS VS IDOLATRY

Bible Story: The Ark is captured  
1 Samuel 5:1-12, 6, 7:3



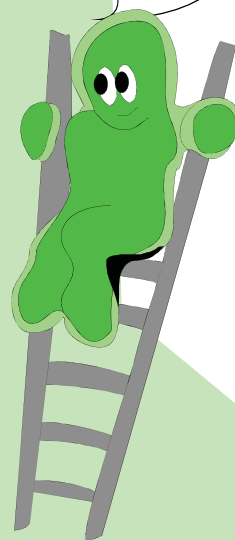
Memory Verse:

"You shall not make for yourself an image in the form of anything in heaven above or on the earth beneath or in the waters below."

Exodus 20:4

1. What if my parents have idols in our home?
2. Is there someone famous in your community that people idolize?
3. What celebrations in your city or community are for worshipping idols?

I think I can escape from participating in this festival by climbing this ladder!

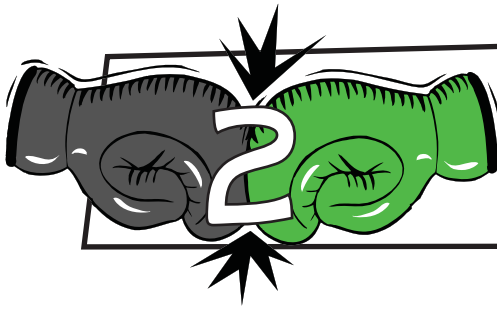


FAITHFULNESS  
PIETY  
IDOLATRY  
WORSHIP  
GOD  
PHILISTINES  
ARK  
COVENANT  
DAGON  
TOPPLED  
COMMANDMENTS  
CEREMONIES  
CANDLES  
FAME  
LOYALTY  
HONOR

C	E	R	E	M	O	N	I	E	S	H	J	T	F	P	S
I	C	O	M	M	A	N	D	M	E	N	T	S	A	I	Y
D	O	G	T	O	P	P	L	E	D	M	H	E	M	E	W
O	V	C	A	N	D	L	E	S	Y	U	R	F	E	T	O
L	E	H	J	Y	E	L	O	Y	A	L	T	Y	A	Y	R
A	N	P	H	I	L	I	S	T	I	N	E	S	R	R	S
T	A	E	R	T	D	A	G	O	N	W	R	S	K	S	H
R	N	Q	W	H	O	N	O	R	M	J	A	G	O	D	I
Y	T	F	A	I	T	H	F	U	L	N	E	S	S	A	P

## IN THE RING

Choose an activity to NOT participate in because it may have idolatry. It may be a custom to remove your shoes, a parade to not participate in, a sports game you choose not to attend, or not buying flowers when others do.



## FAITHFULNESS VS DISLOYALTY

Bible Story: Shadrach, Meshach and Abednego  
Daniel 3:1-21

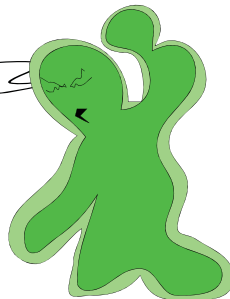
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T	E	E	F	U	R	N	A	C	E	D	D	R
H	D	I	S	L	O	Y	A	L	T	Y	R	T
F	N	M	J	S	D	F	G	H	R	D	A	U
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N	O	E	U	Y	U	I	G	G	T	I	G	G
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S	P	R	O	F	E	S	S	D	G	G	F	F
S	C	H	R	I	S	T	I	A	N	I	T	Y

FAITHFULNESS  
DISLOYALTY  
CHRISTIANITY  
TRUST  
SECRETS

PRESSURE  
SHADRACH  
MESHACH  
ABEDNEGO  
IMAGE

KING  
FURNACE  
JESUS  
FREEDOM  
PROFESS  
GOD

I hate peer pressure!!! I do not want to be embarrassed about being a Christian!

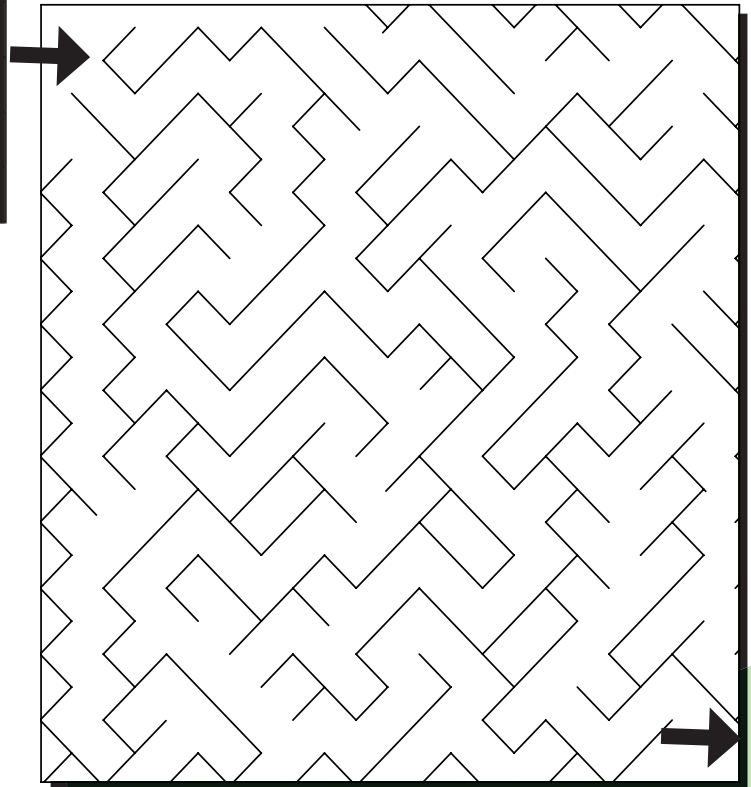


1. Have you ever told a friend's personal secret to others? What happened?
2. What peer pressure exists to hide that you are a Christian where you live?
3. If a friend is absent, can we be disloyal, since they are not there?

Memory Verse:

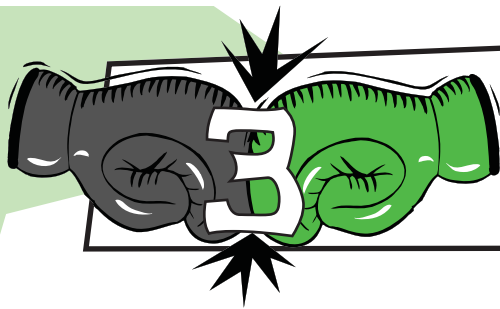
"Teach me your way, Lord, that I may rely on your faithfulness; give me an undivided heart, that I may fear your name."

Psalm 86:11



## IN THE RING

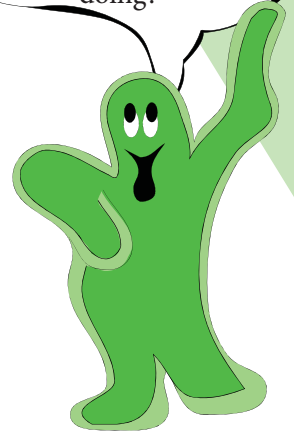
Find a time this week to openly admit at school or in the community that you are a Christian, and that you believe in Jesus Christ. Afterwards, rejoice that you were loyal, despite any peer pressure you faced.



# FAITHFULNESS VS HESITATION

**Bible Story: The Lord calls Samuel**  
1 Samuel 3:1-21

Can I wait until the end to see what everyone else is doing?



F	A	I	T	H	F	U	L	N	E	S	S
I	K	L	E	E	L	I	S	M	G	N	Q
M	L	M	M	S	P	E	A	K	S	S	U
P	I	G	P	I	E	R	Y	N	I	A	I
O	S	D	L	T	G	O	D	O	N	M	C
R	T	S	E	A	F	O	D	W	F	U	K
T	E	M	P	T	A	T	I	O	N	E	L
A	N	P	R	I	E	S	T	H	V	L	Y
N	D	H	D	O	U	B	T	V	H	D	E
T	V	B	M	N	R	E	S	P	O	N	D

FAITHFULNESS  
HESITATION  
SPEAKS  
DOUBT  
KNOW  
SAMUEL  
ELI  
PRIEST

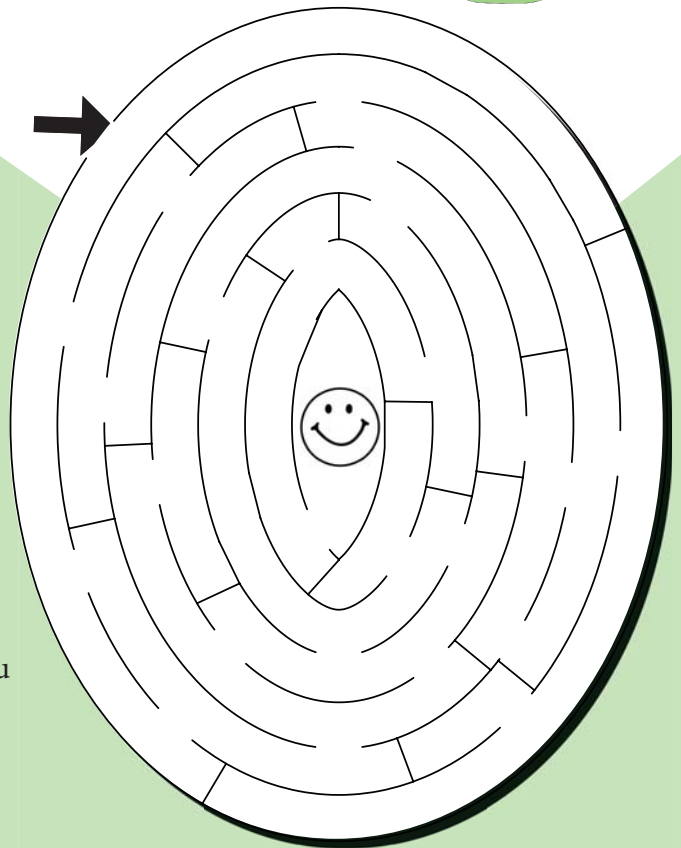
TEMPLE  
SIN  
TEMPTATION  
IMPORTANT  
LISTEN  
QUICKLY  
RESPOND  
GOD

Memory Verse:

“Now faith is confidence in what we hope for and assurance about what we do not see.”

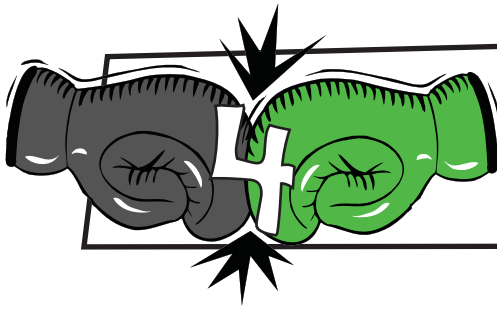
Hebrews 11:1

1. When does “silence” actually mean the answer is “no”?
2. Has God ever asked you to do something? How did you know it was God?
3. How can we overcome doubts that God wants us in a certain town, job, or friendship?



## IN THE RING

Ask God to speak to you this week, and to have you to do something. Practice obeying immediately without hesitation. If you forget and hesitate, ask God for another assignment.



# FAITHFULNESS VS DISOBEDIENCE

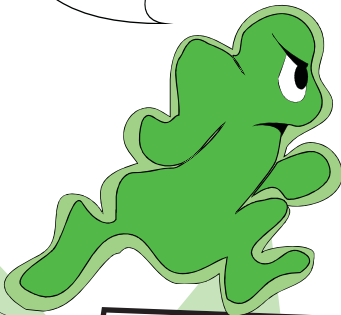
Bible Story: Spies in Canaan  
Numbers 13:1-3,17-33, 14:1-11

FAITHFULNESS  
OBEDIENCE  
DISOBEY  
GO  
ISRAEL  
EGYPT  
DESERT  
PROMISED  
LAND  
SPIES  
GRAPES  
BEAUTIFUL  
DISCOURAGED  
ENCOURAGED  
JOSHUA  
CALEB  
HEARTS  
POSSIBLE

K	L	J	G	F	D	X	F	P	O	S	S	I	B	L	E	X
D	C	A	L	E	B	S	H	E	A	R	T	S	G	F	D	S
J	O	S	H	U	A	O	B	E	D	I	E	N	C	E	I	D
Z	F	A	I	T	H	F	U	L	N	E	S	S	Z	G	S	I
S	P	I	E	S	B	D	E	S	E	R	T	F	L	Y	R	S
C	V	P	R	O	M	I	S	E	D	R	Y	F	A	P	A	O
D	I	S	C	O	U	R	A	G	E	D	V	G	N	T	E	B
G	B	E	A	U	T	I	F	U	L	C	V	O	D	B	L	E
G	R	A	P	E	S	E	N	C	O	U	R	A	G	E	D	Y

Memory Verse:  
"But Moses said,  
'Why are you  
disobeying the  
Lord's command?  
This will not  
succeed!'"  
Numbers 14:41

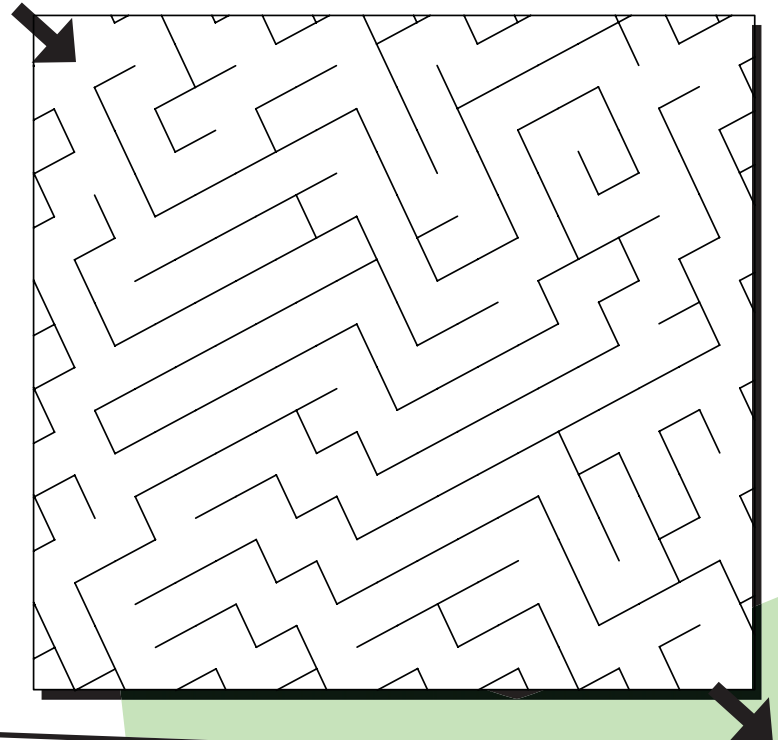
I refuse to obey my  
mom! I am going to  
the store for candy  
anyway!



1. When was the  
last time you  
were discouraged  
and sad in your  
heart? How  
did you get  
encouraged?

2. Has God every  
asked you to  
do something  
that seemed  
impossible or too  
difficult?

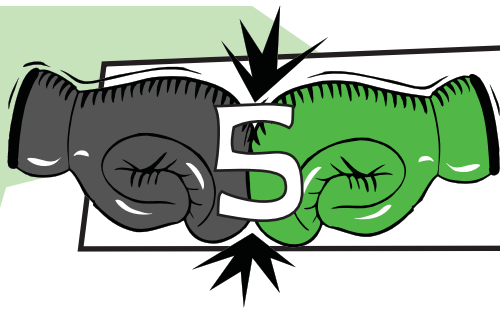
3. Do you see  
yourself as  
obedient to God?



## IN THE RING

Choose 2 assignments from God to do this week. The first being something God asked you NOT to do, and the other something God asked you to do. Obey God in both items to win against disobedience.





# FAITHFULNESS VS WITHHOLDING

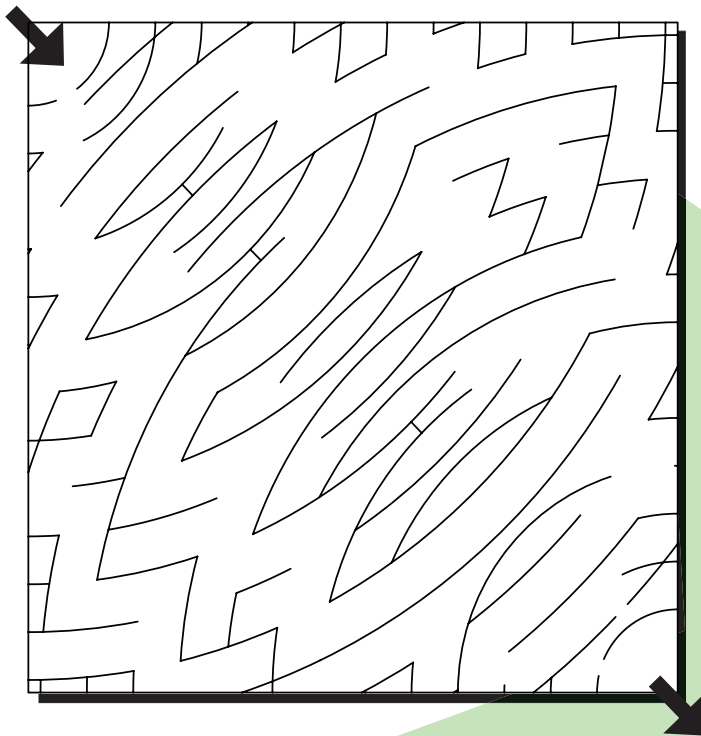
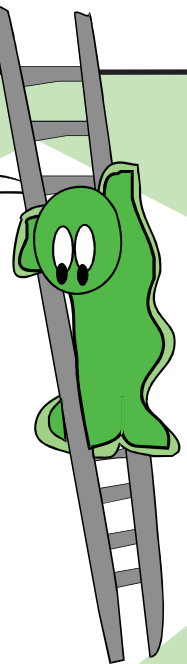
Bible Story: Abraham and Isaac  
Genesis 22:1-18

Memory Verse:

“And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.”

Hebrews 11:6

But I do not  
want to come  
down and  
participate!  
Do I have to?



FAITHFULNESS  
WILLINGNESS  
WITHHOLDING  
REFUSAL  
GIVE  
SUPPRESS  
ABRAHAM  
STARS  
SKY  
SARAH

ISAAC  
SACRIFICE  
TEST  
GOD  
DONKEY  
MOUNTAIN  
FIRE  
ALTAR  
STOPPED

F	W	I	T	H	H	O	L	D	I	N	G
A	S	T	O	P	P	E	D	O	M	W	D
I	T	E	R	G	H	A	F	N	O	I	S
T	A	S	E	B	A	B	I	K	U	L	U
H	R	T	F	N	L	R	R	E	N	L	P
F	S	G	U	S	T	A	E	Y	T	I	P
U	G	F	S	K	A	H	G	F	A	N	R
L	N	D	A	Y	R	A	O	H	I	G	E
N	V	S	L	C	F	M	D	K	N	N	S
E	G	I	V	E	I	S	A	A	C	E	S
S	A	C	R	I	F	I	C	E	H	S	D
S	A	R	A	H	T	U	Y	G	D	S	C

1. Have you ever withheld information, friendship, or kindness from someone? When and to whom?

2. If God were to ask you to sacrifice your most important thing in life, what would it be?

3. Has God ever tested you? Explain.

## IN THE RING

Is there something that God is asking you to give up this week? Take a moment to think about what that is, and then pray that God gives you the strength to give it up. It could be tea, Facebook, or a favorite food. To win this fight, choose to give that item up all week long.



# FAITHFULNESS VS UNRELIABILITY

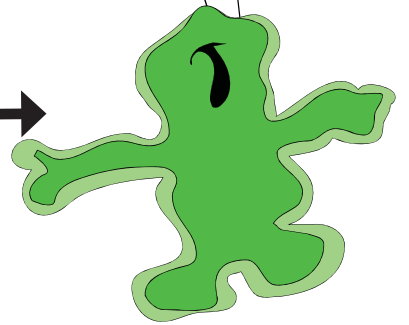
Bible Story: Noah and the Ark  
Genesis 5:32, 6:1-22, 7:1-12

Memory Verse:

"But someone will say, 'You have faith; I have deeds.' Show me your faith without deeds, and I will show you my faith by my deeds."

James 2:18

Look! I am  
a blob, and  
can become  
anything! I do  
not have to stay,  
do I?



FAITHFULNESS  
PROMISES  
KEPT  
DIFFICULT  
YES  
NO  
NOAH  
ARK  
WOOD  
ANIMALS  
FLOOD  
SAFETY  
YEARS  
WORK  
ASSIGNMENT  
ACTIONS  
FOLLOW

1. How many years have you been faithful at your school, home, or work?
2. Do you know of any politicians in your community that kept their promises, or those who have not?
3. What has God asked of you?

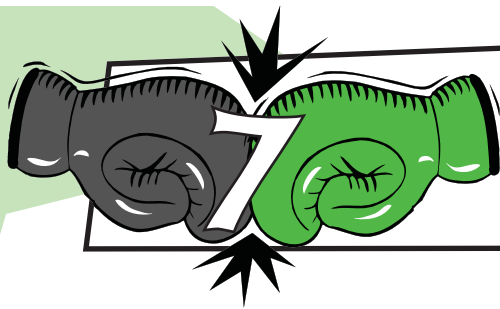
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A	R	K	W	O	R	K	D	I	F	F	I	C	U	L	T	E
N	W	E	S	A	F	E	T	Y	Z	A	C	T	I	O	N	S
O	O	P	S	F	G	H	I	Y	E	A	R	S	L	O	W	O
A	O	T	F	L	O	O	D	D	G	F	O	L	L	O	W	L
H	D	L	I	A	S	S	I	G	N	M	E	N	T	V	N	O



## IN THE RING

Choose an area of your life to be reliable to God. Choose something to do for God one day this week, and make sure to be reliable in it. When you finish, choose another promise to God for a day, and set what day to do it. Make sure to complete your promise.

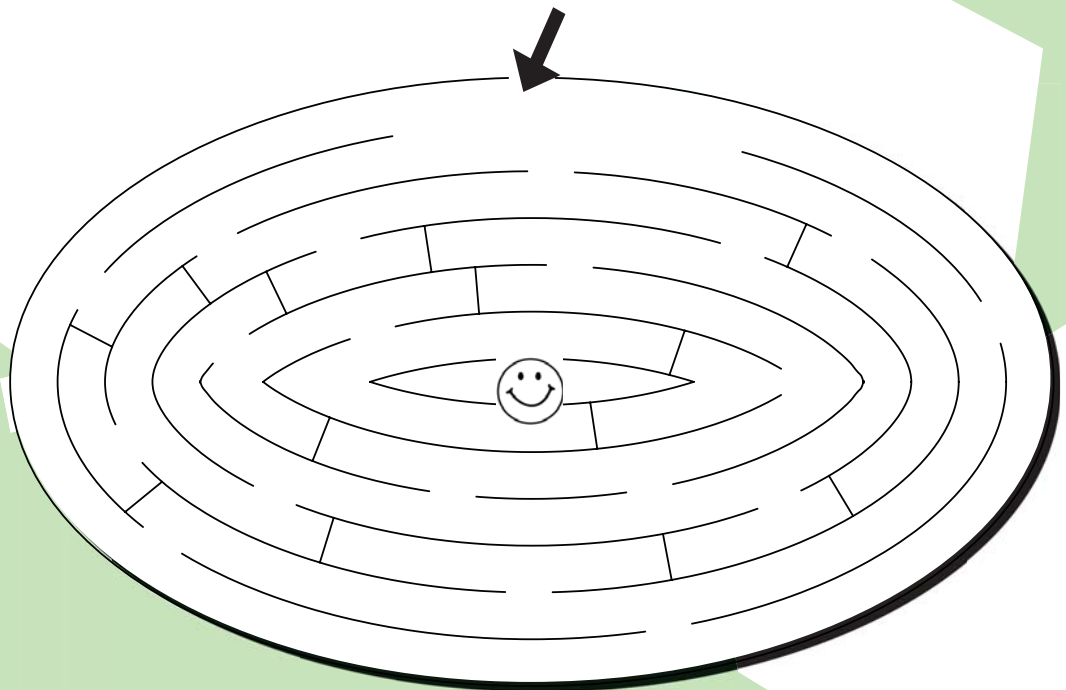




# FAITHFULNESS VS DOUBT

Bible Story: Jesus appears to Thomas  
John 20:24-31

Memory Verse:  
“Then Jesus told him, “Because you have seen me, you have believed; blessed are those who have not seen and yet have believed.”  
John 20:29



I	C	D	I	S	C	I	P	L	E	S	T
O	O	B	E	L	I	E	V	E	E	E	H
H	N	U	R	F	A	I	T	H	T	E	O
T	F	Y	F	H	J	T	R	R	D	J	M
D	I	S	C	O	U	R	A	G	E	D	A
E	D	T	U	Y	T	R	I	E	A	T	S
P	E	R	S	O	N	E	L	R	T	R	G
E	N	S	T	R	O	N	G	G	H	U	F
U	C	H	R	I	S	T	I	A	N	S	D
J	E	S	U	S	H	H	E	A	R	T	S
R	E	S	U	R	R	E	C	T	I	O	N

CONFIDENCE

TRUST

PERSON

BELIEVE

CHRISTIANS

THOMAS

JESUS

TRAIL

DEATH

RESURRECTION

DISCIPLES

STRONG

FAITH

HEARTS

SEE

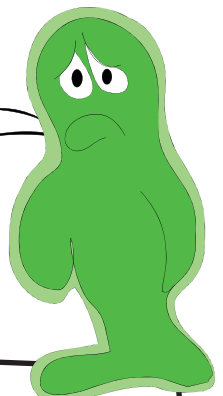
DISCOURAGED

1. Why doesn't everyone just believe in Jesus?

2. Is there anything that God cannot do?

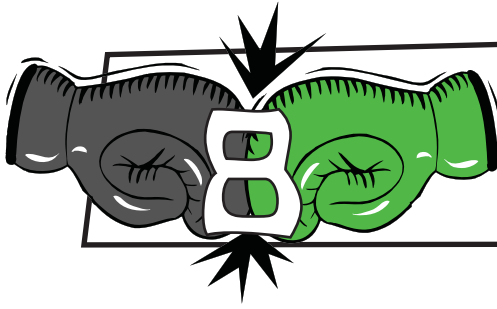
3. Are we in trouble when we have doubts?

I am  
scared on  
the inside.  
I do not  
know if  
I believe  
in God or  
not.



## IN THE RING

Choose to believe God this week on something that He promised you that seems impossible. Tell God that you are willing to wait until He completes His promise. To demonstrate your willingness to wait, go stand in any line, one where you do not need to be! Write down how many minutes you waited in the line so that you can report it back to your coach.



# GENTLENESS VS DISSENSION

Bible Story: Abraham and Lot separate  
Genesis 13:1-18

1. Name a disagreement you had this week. When was it and with whom?

2. Can you remember an instance where you let someone else have their way?

3. Is it ok to always be right, if you were trying to help?

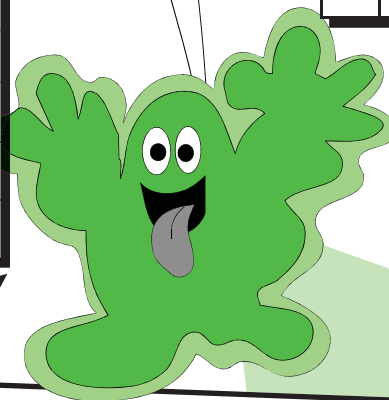
Memory Verse:

“Be completely humble and gentle; be patient, bearing with one another in love.”

Ephesians 4:2

C	H	R	I	S	T	I	A	N	S
F	R	U	I	T	S	D	S	W	D
G	H	J	S	P	I	R	I	T	F
E	R	E	S	P	E	C	T	R	I
A	F	D	D	H	E	R	D	S	M
C	K	L	I	I	J	A	N	S	P
T	R	G	S	V	B	B	S	F	O
I	E	O	T	H	E	R	S	L	R
O	F	D	A	S	E	A	W	O	T
N	U	T	N	I	L	H	O	C	A
S	S	G	C	N	O	A	R	K	N
X	E	C	E	B	T	M	K	S	T
F	I	G	H	T	I	N	G	D	R

I am better than you are!! Ha ha ha!!



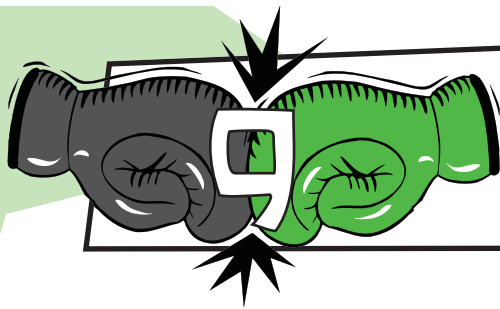
FRUITS  
SPIRIT  
ACTIONS  
CHRISTIANS  
SIN  
FIGHTING  
RESPECT  
OTHERS  
REFUSE

WORK  
IMPORTANT  
GOD  
ABRAHAM  
LOT  
FLOCKS  
HERDS  
DISTANCE

## IN THE RING

Allow another person to win when you disagree over something. You can choose to disagree, but you must stop yourself from fighting with them over it. Allow them to have their opinion.





# GENTLENESS VS TRADITIONS

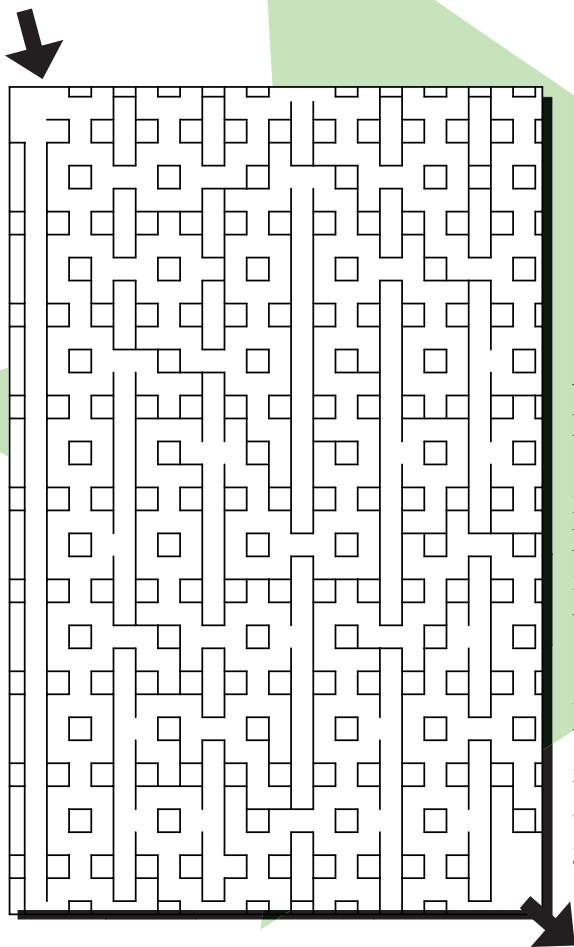
Bible Story: Clean and unclean  
Matthew 15:1-20

Memory Verse:

“Do not cause anyone to stumble, whether Jews, Greeks or the church of God— even as I try to please everyone in every way. For I am not seeking my own good but the good of many, so that they may be saved.”

1 Corinthians 10:32-33

G	E	N	T	L	E	N	E	S	S	U	U
H	A	N	D	S	H	U	L	O	V	E	N
T	T	O	T	H	E	R	S	G	O	D	W
D	I	S	C	I	P	L	E	S	G	U	A
D	N	T	R	A	D	I	T	I	O	N	S
R	G	B	R	E	A	K	E	D	J	C	H
H	U	M	I	L	I	T	Y	S	E	L	E
Y	U	K	I	N	D	N	E	S	S	E	D
T	H	E	A	R	T	S	E	W	U	A	M
S	C	R	I	P	T	U	R	E	S	N	N



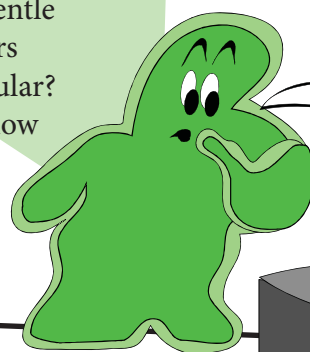
1. What rules does your denomination have?

2. How can you show love to someone who is breaking one of your traditions?

3. What if being gentle to the rule-breakers makes you unpopular? Should you still show gentleness?

GENTLENESS  
TRADITIONS  
KINDNESS  
HUMILITY  
SCRIPTURES  
JESUS  
DISCIPLES  
BREAK

EATING  
UNWASHED  
HANDS  
LOVE  
OTHERS  
GOD  
HEARTS  
UNCLEAN



I do not think I can change any traditions! That box is too hard to move!

## IN THE RING

Choose kindness to someone over one of your traditions. This could mean understanding when they break your tradition, and not making a comment about it. Make sure not to hurt anyone else, or bring attention to yourself with this assignment.



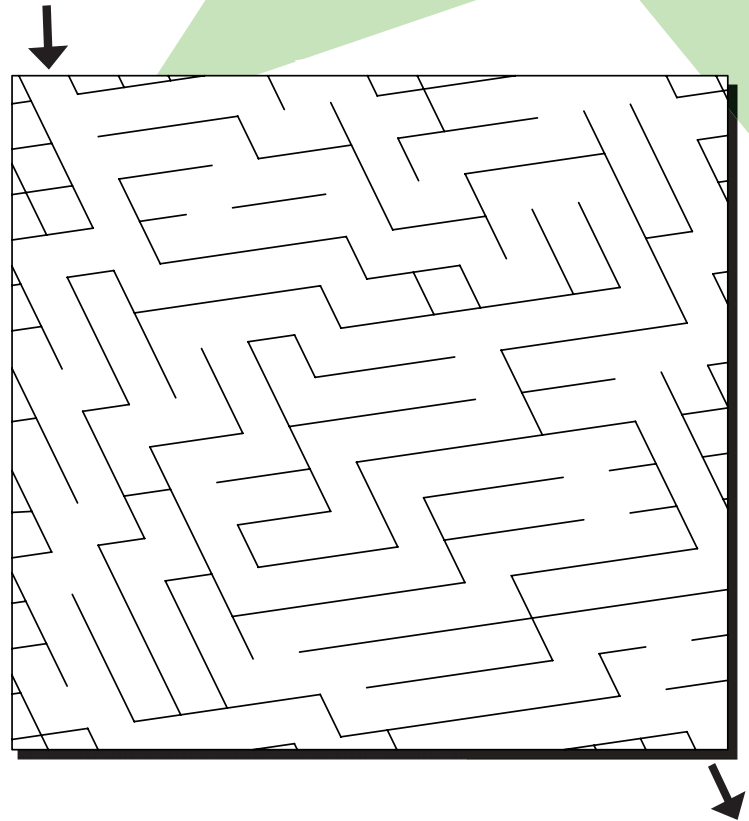
# GENTLENESS VS BITTERNESS

Bible Story: Cain and Abel  
Genesis 4:1-16

1. What does it look like when we are bitter?  
Do you know someone bitter?
2. Has someone wronged you? Have you been able to forgive them?
3. Can the person who wronged me, also hurt me in heaven?

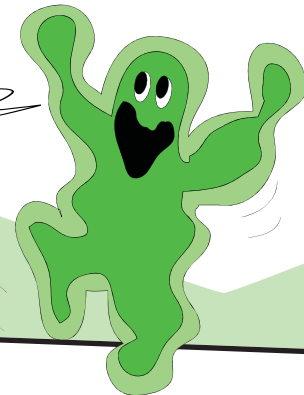
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S	G	F	D	G	O	S	P	E	L	X
A	R	E	S	E	N	T	M	E	N	T
C	P	A	I	N	F	R	U	I	T	S
R	B	I	T	T	E	R	N	E	S	S
I	J	A	I	L	C	E	L	L	C	L
F	A	S	H	E	E	P	H	F	S	O
I	B	I	N	N	O	C	E	N	T	C
C	E	R	P	E	O	P	L	E	E	K
E	L	E	S	S	G	O	D	D	A	E
A	S	J	E	S	U	S	G	F	L	D

GENTLENESS	RESENTMENT	FRUITS
BITTERNESS	GOSPEL	SHEEP
JAILCELL	JESUS	STEAL
LOCKED	CAIN	HEART
PAIN	ABEL	
PEOPLE	SACRIFICE	
INNOCENT	GOD	



Memory Verse:  
"Get rid of all bitterness, rage and anger, brawling and  
slander, along with every form of malice."  
Ephesians 4:31

I am free from  
bitterness!  
Hurray!!!



## IN THE RING

Choose something or someone that you are angry with, and forgive them.  
Take a moment in prayer, and actually say out loud, "I forgive you."



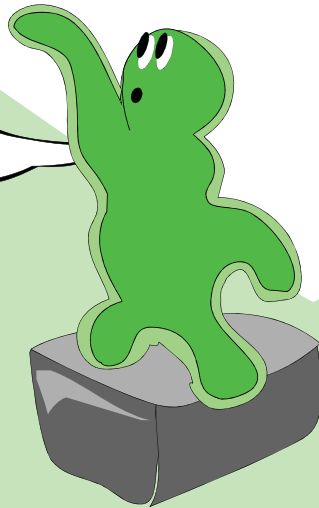
# SELF-CONTROL VS TEMPTATIONS

Bible Story: Jesus is tempted  
Matthew 4:1-11

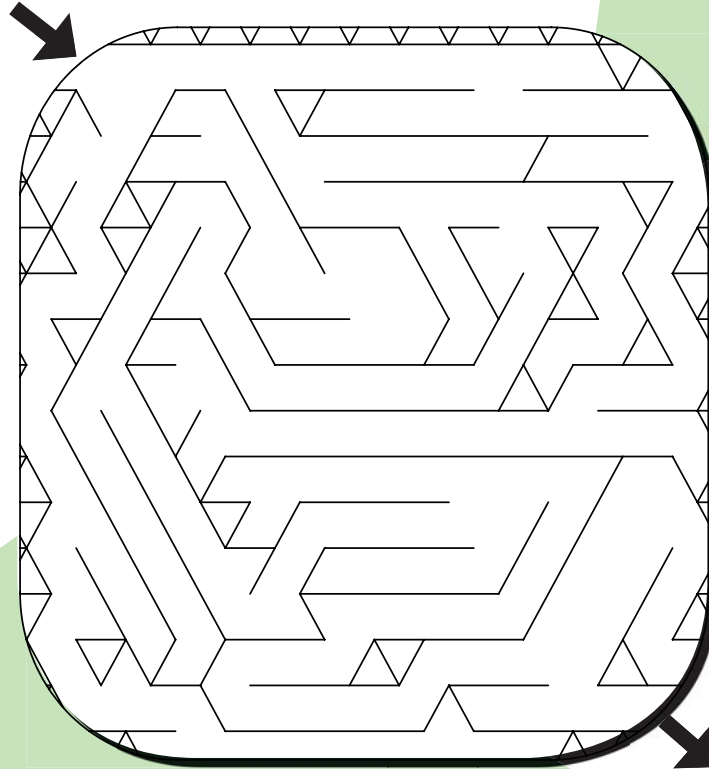
Memory Verse:

"No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it." 1 Corinthians 10:13

I am  
soooooo  
tempted to  
steal that! Do  
you think  
I will get  
caught?



1. What is so bad about giving in to temptations?
2. What if someone hates me?
3. What takes God so long?



H	D	E	V	I	L	R	T	R	E	S	I	S	T	W	E	H
T	E	M	P	T	A	T	I	O	N	S	U	I	O	J	W	F
T	E	S	T	E	D	D	E	S	J	W	O	R	L	D	O	H
H	U	M	A	N	U	I	O	H	A	N	G	E	L	S	R	E
J	E	S	U	S	P	E	R	M	I	S	S	I	O	N	S	A
H	U	N	G	R	Y	G	O	D	F	A	S	T	E	D	H	R
F	T	E	M	P	L	E	H	O	L	Y	S	P	I	R	I	T
V	S	E	L	F	C	O	N	T	R	O	L	F	J	K	P	S

WORLD  
DEVIL  
PERMISSION  
GOD  
HEARTS  
JESUS  
TEMPTATIONS  
HOLY SPIRIT  
FASTED

HUNGRY  
TEMPLE  
ANGELS  
TESTED  
WORSHIP  
RESIST  
SELF CONTROL  
HUMAN

## IN THE RING

Resist a temptation, and if you can, use scripture like Jesus did. Maintain control of your desires, and do not allow yourself to give into that temptation.





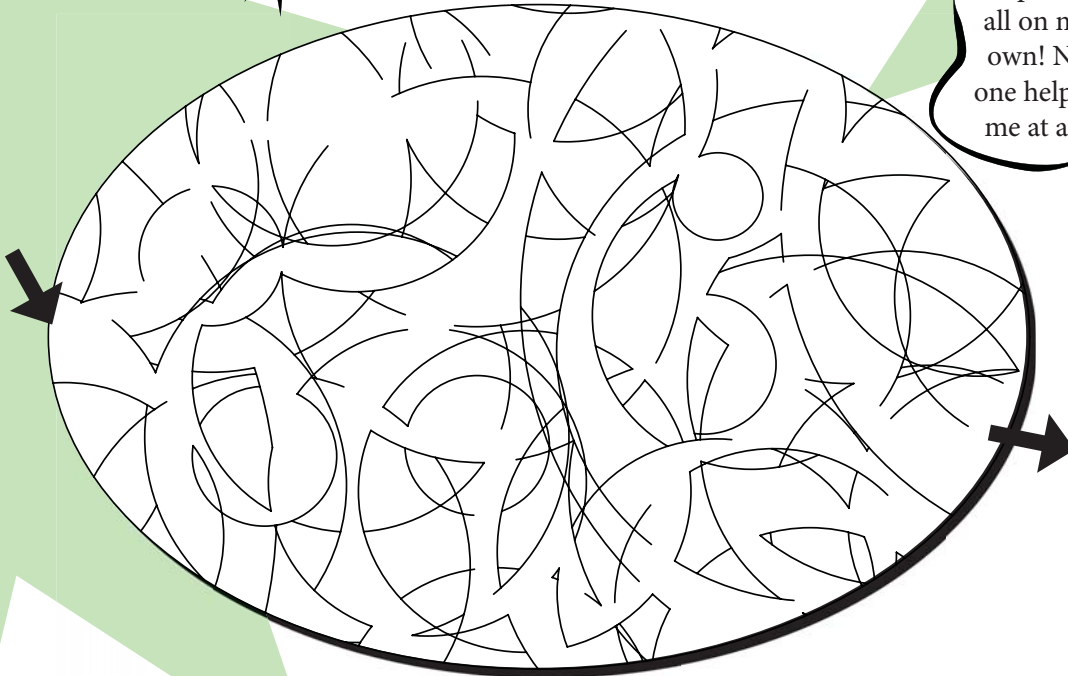
# SELF-CONTROL VS LYING

Bible Story: Jacob steals Esau's blessing  
Genesis 27:1-36

I won this competition all on my own! No one helped me at all!



Memory Verse:  
"A lying tongue hates those it hurts, and a flattering mouth works ruin."  
Proverbs 26:28



O	S	E	L	F	C	O	N	T	R	O	L	E	S	A	U	M
F	R	I	E	N	D	S	U	T	R	U	T	H	F	U	L	E
P	J	A	C	O	B	Y	H	O	N	E	S	T	F	Y	I	A
B	L	E	S	S	I	N	G	I	S	T	O	R	Y	T	E	L
H	A	I	R	Y	T	U	O	M	G	P	A	R	E	N	T	S
C	L	O	T	H	E	S	D	H	P	U	N	I	S	H	E	D

SELF CONTROL  
HONEST  
TRUTHFUL  
LIE  
PARENTS

FRIENDS  
PUNISHED  
STORY  
JACOB  
ESAU

BLESSING  
MEAL  
HAIRY  
CLOTHES  
GOD

1. Do we really have to be honest all the time?
2. Is being right what matters?
3. What trouble have you seen from lying?



## IN THE RING

Everyone lies, even if only a little. Remember back to a lie that you have told this year. Go to that person, tell them the truth, and tell them you are sorry for lying.





# SELF-CONTROL VS LAZINESS

Bible Story: The wise and foolish builders  
Matthew 7:24-27

D	I	S	O	B	E	Y	T	I	R	E	D	I	F	L	A	B
K	L	D	E	S	I	R	E	S	B	E	U	T	R	I	B	U
S	E	L	F	C	O	N	T	R	O	L	U	F	U	O	I	I
E	N	F	O	O	L	I	S	H	W	I	S	E	I	S	L	L
R	O	C	K	V	W	I	N	S	P	I	R	I	T	A	I	D
M	C	R	A	S	H	F	I	M	P	O	R	T	A	N	T	E
O	T	C	O	M	P	I	T	I	T	I	O	N	S	D	Y	R
N	L	A	Z	I	N	E	S	S	M	K	L	O	U	G	F	S

FRUIT	ABILITY
SPIRIT	DISOBEY
SELF CONTROL	FOOLISH
LAZINESS	WISE
IMPORTANT	BUILDERS
WIN	SERMON
COMPITITIONS	ROCK
DESIRES	SAND
TIRED	CRASH

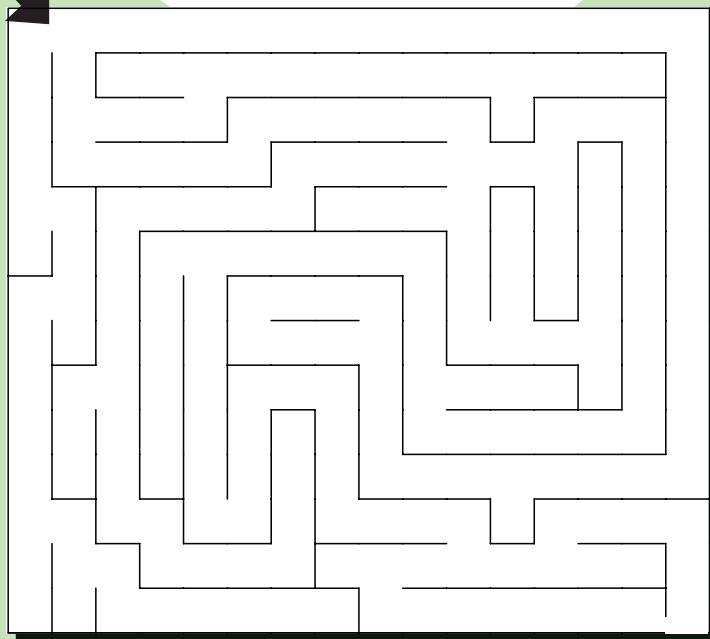
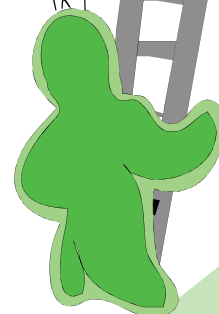
1. Will memorizing the sermon on the mount keep you from building on the sand?
2. How can you build your foundation on the rock?
3. How many match fights have you won this year?

Memory Verse:

"If anyone, then, knows the good they ought to do and doesn't do it, it is sin for them."

James 4:17

Do I actually have to climb this ladder? I would rather stay down here.



## IN THE RING

Fight against your laziness this week, by choosing something to do that you do not want to do. Make sure to complete it, and share your testimony with a friend.

PAIN IS  
GOOD FOR  
YOU.

IT WILL  
MAKE  
YOU  
BETTER.



*"Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything. " James 1:2-4*

Champions Advanced  
English



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DK Editorial Pro-Visión A.C.

